



Shirley Warren Christmas News



Shirley Warren Primary and Nursery School, Warren Crescent, SOUTHAMPTON, SO16 6AY
17th December 2021

Dear Parents/Carers

Well 2021 started with strict Covid measures in place and is ending with us having to consider moving back to class bubbles in January due to rising numbers both locally and nationally. I will be keeping a close eye on the situation over the holidays and will be in close contact with the Local Authority before making any decisions. I will of course be in touch with you if there are any changes to current procedures.

Despite the restrictions and not being able to go ahead with 'live' events, the children in **years 1 and 2** did a fantastic job of learning their lines and song words for their end of term plays. We do hope you have had the chance to view and enjoy the videos. A big well done to all of the children.

This term the **year 6** children spent a week at **Stubbington** study centre. They took part in a wide range of activities with a focus on teamwork, resilience and respect for animals and the environment. We are incredibly proud of the amount of courage, tenacity, responsibility and independence they showed throughout the week. They did us and you proud. See page 16 for more.

This week we said goodbye to the very lovely **Mrs Dinnage**. We gave her a good send off (and made her cry) with a special video made by the children. Today we also said goodbye, in assembly, to **Miss Lacey** and **Miss Askham** who are moving on to pastures new. We wish them all the best.

In other staffing news huge **congratulations to Miss Nicholls** (TA and ELSA in the infants) who gave birth to her first baby - Arthur, at the weekend. Secondly, **huge congratulations to Miss Neofytou** who will be getting married over the Christmas holidays and will be returning in January as Mrs Ship.

I would like to take the opportunity to say **thank you to all of the staff**- teachers, TA's, site staff, cleaners, office staff, the senior leadership team and kitchen staff for their hard work and dedication this term. I would also like to say a **big thank you as parents and carers** for your ongoing support. I sincerely hope that we can start welcoming you back into the school soon.

Finally a **big thank you to all the little people who have been making me laugh** over the last few weeks with their Christmas jokes. My favourites are;

What is a snowman's favourite style of dancing? Freeze style

What is the rudest reindeer of all? Rude olph

Wishing you all a very happy holiday.
See you back safe and sound on the **5th January**

Mrs Newton



Article 30 (children from minority or indigenous groups)
Every child has the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of the people in the country where they live.

Merry Christmas

From the Admin Team...Claire, Sarah, Nina and Amy

Thank you so much for all your help and understanding with office procedures during these tricky times. We always have your child's wellbeing and safeguarding at the centre of everything we do and work hard to follow Government and Local Authority guidelines.

Please may we remind you that on our data base we have a list of adults that you have provided who can **collect your child**. Please contact the office if you need to add to this list for the safeguarding of your child.

Can we also ask that if you get a **new mobile phone or change your email address** at Christmas that you let us know? It can be distressing for your child if we cannot get hold of you if they are poorly.

We now send **all** our letters home by **email** so it is very important that we have your correct email address. **A few parents have unsubscribed from our emails on Scopay. Please resubscribe as soon as possible by going on to the Scopay log in page.** You are missing out on urgent information by not receiving school emails. Emails are sent to Priority 1 contacts.

Thank you for your help with this.

A HUGE THANK YOU FOR ALL THE LOVELY CHRISTMAS GIFTS GIVEN TO

Please arrive in school on time !

We are seeing more and more children arriving late which is causing disruption to the class while the late children settle. It also means that staff need to be released from other duties to open gates and doors which is often not practical. Thank you for your help in bringing your child to school on time.

Sarah Worley
Attendance Officer

Help for the Homeless

The **staff** at Shirley Warren have contributed various items to make up **Welcome Bags** for people who are currently **homeless** through Love Southampton.

These bags consist of things like a new towel and clothes, toiletries, a carton of juice and a chocolate bar. We made up **6 bags** in total, with lots of leftovers too going to help people in need this Winter.



Our **Thrive Hub** is in much need of some resources to use in their sessions with children.

Over the holidays, if you are having a sort out and can provide any of the things listed below, we would be most grateful:

Small World people/characters
Toy animals
Dinosaurs
Lego or Duplo
Toy trains/aeroplanes/cars/buses etc
Dolls
Prams/buggies for dolls
Role play costumes
Mini beast figures
Magnifying glasses
Any spare materials
Child's gardening equipment

THANK YOU



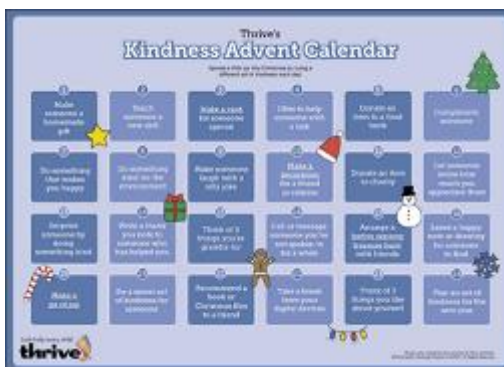
We have been very **creative in Thrive** getting ready for the festive period. The children have prepared festive feasts, made Christmas decorations for the Christmas tree. They've



enjoyed playing different Christmas characters during role play sessions and have decorated biscuits as melted snowmen.



This is the **Thrive hub** where you will find Miss Bedwell and Mrs Head, Thrive group work will take place here too. We have been busy making the finishing touches to rooms around the school but would appreciate anything you have at home that we could use. Our **wishlist** is above. You could try some of the activities on the **Kindness advent calendar** to keep You busy over the holidays.





Thank you for all the wonderful colourful and Spotty costumes on Children in Need Day!
We raised **£428.61** thank you for your



YEAR R



We celebrated **Bonfire Night** and **Diwali** earlier this half term. We enjoyed making firework patterns and we even built a bonfire to warm our hands!

We made our own hot chocolate drinks following our own recipes. We used lots of ingredients like chocolate buttons, chocolate chips and marshmallows! They were so yummy!



We **walked down to Stoke Road park** to find sticks to make our very own stick family tree after reading our new favourite story - **Stickman**. You might have noticed them hanging in our classrooms! We all talked about how important it is to stick to our family tree and people who are close to us!



A special visitor arrived in our classroom via balloon - his name was **Elfis**! He brought a tree and some decorations with a special note. We decided to decorate the tree - doesn't it look beautiful?!

We wanted to write letters to Father Christmas so we decided to build and paint our very own **post box**! We did our very best writing using all of our letter sounds. After that, we made a **special wish** and **posted the letters** in our special post box!



YEAR R

Year R Seahorse

We have been on a stick hunt to make stick people linked to our **stickman story**.

We went on a special walk to find them.



We have been learning to be independent. As part of this we have **started a self-serve rolling snack station**. We independently choose our own snack and pour our own milk too! We had a special delivery from the North Pole including a **special elf** called Candy Cane!



We went on an **acorn hunt** to collect acorns it was very exciting trying to find the acorns hidden around !



We have been working hard to **read words in phonics** and are beginning to independently build words ourselves!



NURSERY

In **Nursery** this term we have been reading the **Stick man** story. The children have had lots of fun looking for sticks to make their own stick man and re-telling the story. We have also read The **Very Hungry Caterpillar** book and the children have made a giant caterpillar for our window !



We have been talking about **Autumn** and exploring the leaves in the garden. The children have had fun **decorating our Christmas tree**, painting Santa's sleigh and writing Christmas lists.



Christmas Jumper Day



Last Friday we had a fantastic display of **Christmas Jumpers** across the school! Thank you for donating **£220.20** to **Save the Children**. This will really help them at this time of year.



YEAR 1

Squirrels class has had lots of fun learning about the **Autumn season**. We went on a walk through the woods, open space and park to observe the season of Autumn. We had fun at the park and collected leaves and sticks on our walk.



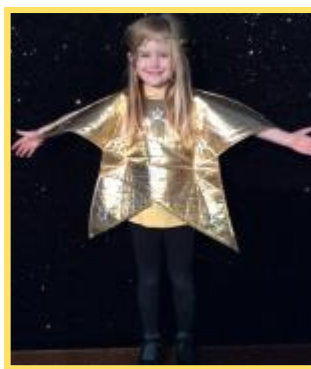
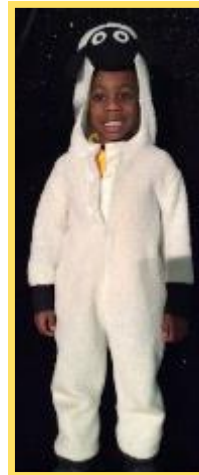
To keep healthy we **designed and made a fruit smoothie**. We have been reading the book '**Handa's Surprise**' so we used the same fruit from the story. We chopped banana, mango and pineapple then whizzed it up in a blender. It was delicious! Then some of us tried avocado and guava juice.



YEAR 1

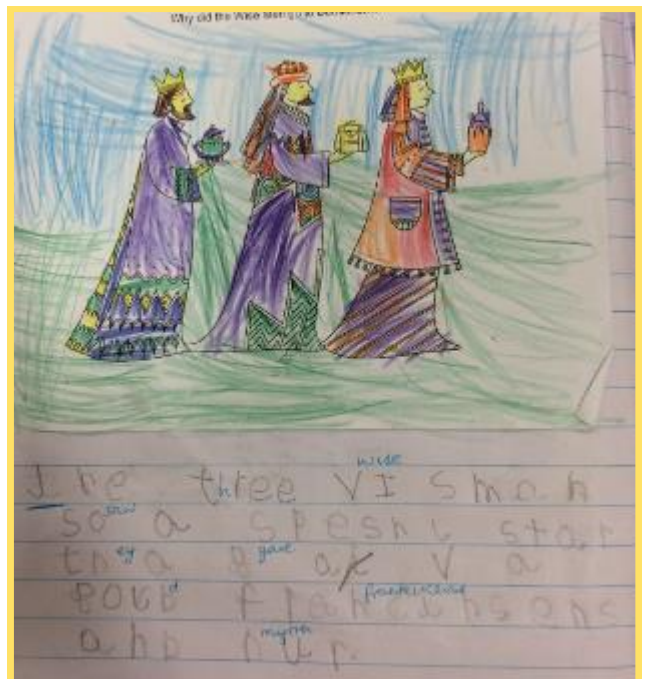
Year 1 Nativity

Year 1 performed their Nativity Play, **The Sleepy Shepherds**. The play is about the birth of Jesus and two very sleepy Shepherds who continually fell asleep whilst counting their sheep. Our Sleepy Shepherds slept their way through the beginning of the play as counting their sheep kept sending them to sleep. They eventually made it to the stable guided by some very sparkly stars and met Mary and Joseph and their baby Jesus.



Hedgehog class has also been learning about the Nativity story in RE. We learnt about the Shepherds, Wise Men and Mary and Joseph. We learnt about why each of them went to Bethlehem.

We learnt about why each of them went to Bethlehem.



Online Safety News



December 2021 Parent Carer

Be Internet Legends - Online Safety with Google

Digital technology play a huge role in helping children learn, play and stay connected with friends and family. To make the most of the internet, children need to make smart decisions. Be Internet Legends empowers children to use the web safely and wisely, so they can be confident explorers of the online world.



WhatsApp (16+ age rating)



Nation Online Safety have produced a useful guide for parents/carers. The guide has tips on a number of potential risks when using the site such as stranger danger, live location sharing and disappearing messages.

Tips to keep children safe on Netflix



If you share your account with your child you may wish to set up parental controls to help stop children watching inappropriate or adult content.

O2 and NSPCC have put together a series of tips to keep children safe on Netflix.

Technology gifts are often high on Santa's lists each year so it is important to ensure that your children are safe when playing with new devices. To help you over the holidays, here are a few top tips to help keep your children safe online.

Understand new devices

Once you hand over devices on Christmas morning it can be hard to get them back, so it's great to have a go on any devices you buy beforehand. Many devices have controls to ensure that children can't access content you don't want them to. These include settings for online searching, "in-app" purchases and some have screen time allowances.

Setting-up your tablets in advance

Tablets are really popular with children and there are a wide range to choose from, including child-friendly and educational models. When it comes to setting up and using tablets, why not start slowly? Download games and apps you have checked out carefully. Sites such as Net Aware or Common Sense Media provide useful advice.

Games Consoles

Each year there are so many exciting games and consoles around, there is a good chance you might have one coming into your house.

To help you choose age-appropriate games for children most platforms will feature an age rating on the game - downloading and using the game yourself is a great idea to experience first-hand what your child may be watching. Alternatively, you can go to [NetAware](#) or [Common Sense Media](#) for more information.

Top tips for the holidays:

- Set boundaries - how often can your children use their new devices?
- Apply Screen Time Limits - agree a time limit or number of games beforehand, to avoid repeated disagreements around how long they can spend online.
- Sleep comes first - we advise that phones or tablets stay out of the bedroom overnight to charge. This avoids those night time distractions!

Social Media

As a parent it's important you know that all social networking platforms have age limits. The following all have a minimum age rating of **13+**: BBM, Facebook, foursquare, Instagram, TikTok, Reddit, Snapchat, Flickr, Monkey, Tumblr.

- Many sites include an instant message function which allows private conversations between site members.
- - Some app versions of social networks use the location of the phone.
- - Information shared between friends can be easily copied and may spread
- - It isn't easy to take back information that has been posted – and can be impossible if it's already been shared.
- - Not everyone your child meets online will be who they say they are. Chatrooms and forums can connect people who are complete strangers and can be unmoderated.

*The children and staff of Shirley Warren
wish you a Merry Christmas and all the
best for 2022!*

*School reopens to children on
Wednesday 5th January*



The children have been making lots of wonderful music this half term. Don't forget to check out the Music blog on the school website to find out more updates.



Young Voices Choir.

The children in the choir have been working really hard to learn all the songs ready for the concert at the O2 Arena. **Sadly, due to the rising cases of Covid our concert has now been postponed until later in the year.** Although we are all disappointed we are waiting excitedly to find out our new concert date.



In **Early Years** children celebrated **World Nursery Rhyme Week**. Each day children learnt a new nursery rhyme and took part in activities related to it. You can find out more about the importance of learning nursery rhymes and also enjoy the songs the children learnt by going to www.worldnurseryrhymeweek.com.

Year 3 have been learning all about **pentatonic scales** this half term. They have used the chime bars and glockenspiels to play and compose pentatonic melodies. They also listened to pentatonic music from around the world.



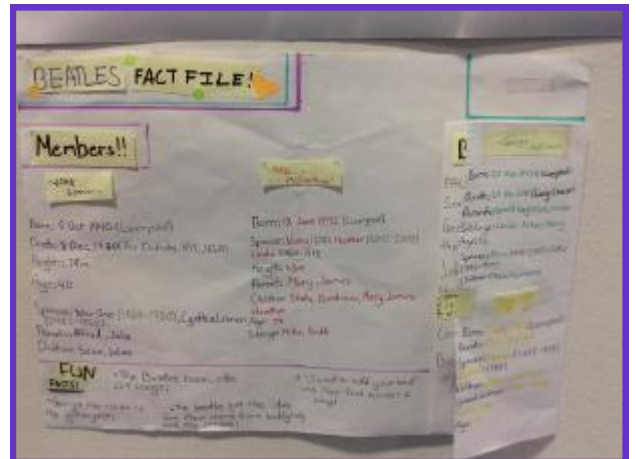
Year 4 have begun their year of learning instruments with the **PBuzz** and **TooTs**. Pbuzz are the first steps into playing brass instruments and children have done very well with creating a buzzing sound on the mouthpiece and using the slide to play different notes. TooTs are beginner flutes. Children have controlled the sound and learnt to read melodies from stave notation. All the children have played really well and persevered even when it got tricky!



MUSIC



Year 6 have been studying **The Beatles** this half term. They have listened to some classic Beatles songs and learnt about the structure in the songs. They have then used chord progressions on the ukulele to play along with Yellow Submarine, Twist and Shout and Let it Be. Some children produced some wonderful fact files on the Beatles as part of their home learning.



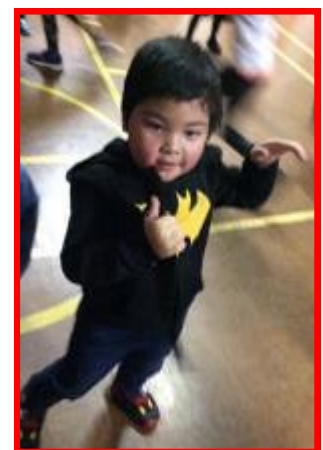
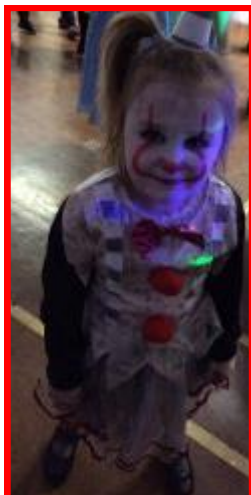
PTA NEWS!

We have had 4 successful spooky Halloween discos! Thank you to DJ Andy for the tunes and Rachel O'Brien for being a great parent helper.

Children from across the school enjoyed dancing and doing the macarena!

Please look out for our new recruitment events in the new year with the new PTA lead in school Mrs Medway.

Happy Christmas from the PTA!



YEAR 2

As part of our witches and wizards topic this term we have been learning **about dragons**. We found some dragon eggs on the playground which then inspired us to write a letter to Mrs Newton explaining the news and then using our imagination, wrote descriptive pieces about what we believe the dragons would look like once they hatch. The children have been caring for the eggs, working quietly around them and keeping them warm .



Year 2 felt very festive singing and performing 'A Miracle in Town'. We have posted it on our blog for everyone to see. **Merry Christmas from all in year 2!!**



YEAR 6 Stubbington Trip 2021

55 Year 6 pupils set off on this intrepid, mid-winter trip - armed with coats, boots, hats gloves and an enthusiastic attitude ! A brilliant time was had by everyone ! Lots of team work was needed for **Den Building**:



Trips to the beach were amazing - enjoying the beautiful autumn sunset as we created rock pools, searched for fossils and shells and built some fabulous sandcastles.



YEAR 6 Stubbington Trip 2021

Here we are dipping in the amazing ponds in the conservation area at Stubbington. No one got wet and we found a few interesting animals.



When we returned to the centre we had our own classrooms for further scientific studies.



What a fabulous trip
Year 6!
It's been great to
hear your stories.

YEAR 5

This half term, year 5 have been learning about the **life cycles** of animals and humans. We have done our own research into animals as well as getting our own stick insects in class to watch their changes and developments.



We then compared the life cycles of all the different animals through putting our findings into bar charts and tables.



Following this, we learnt about the **life cycle of a human**, starting with foetal development and followed the journey through to the elderly.



Around this, we have still been working very hard in **maths**;



YEAR 5

Researching, designing and making festive bread in DT;

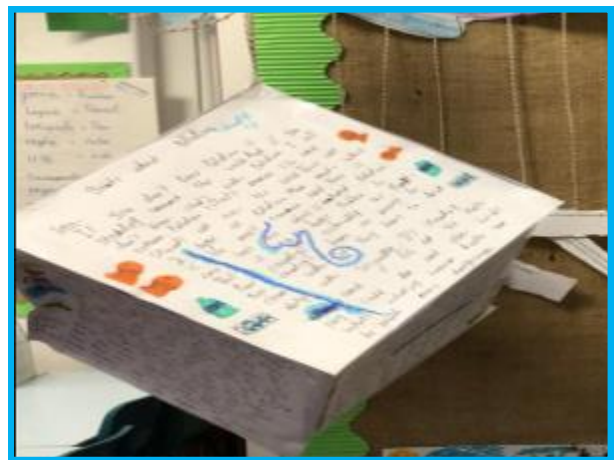


And getting in the Christmas spirit!



YEAR 4

Year 4 have become more conscious of the impact that **humans have upon the planet**. We studied the **water cycle** and gained an understanding of how water travels and changes it from as it moves through the water cycle. We further studied how the use of plastic has created a situation that means our planet is at crisis point. **Year 4 became very passionate about this project** and wrote their own persuasive texts informing people about the effects that occur due to water pollution.



Stop being afraid of what could go wrong and start being positive about what could go right.

Fantastic behaviour and work

Star of the Week Award



Amarah Mendoza
Olivia Lyzak
Jayden Mutyaba
Lena Zapala
Cyprian Gaudzinski
Amina Zia
Cohen Timms
Ben Marchment
Piotr Wesolowski
Logan Burden
Bella Baddams
Ola Przybylska
Darcy Walsh
Kirah Adams
Lucas McHugh
Jack Hammond
Mahrad Khalili
George Lund
Ala Jesiek
Simon Szuba
Aliyah Searle
Marcie Brady
Millie Esprey
Myah-Marie Cartwright
Brooke Betteridge
Amaya Crabb
Leon Wilkins
Rebecca Cela
Zach Barnet
Shawn Njenga
Femi Fadina
Abel George
Yash Vadgama
Gabriel Oliveira
Teanna-Mae Skeats
Annabelle Roe
Sofia O'Brien
Jasmim Silva
Leon Abramowicz
Charlie Alford
Kyanna Douglas
Milana Shamayko
Lily Prazuch

**stay
positive,
work hard,
and make
it happen**

Helena Salima
Mia Powell
Alfon Crizaldo
Jessica Pagaling
Esmay Silva
Kehinde Bashir
Owen Watkins
Lana Alhendi
Timon Hempel
Lucas Murray
Bruce Baalam
Olivia Iyapen-Kistan
Schadrach Battad

Missy Wells
Aleks Sarnowski
Mikolaj Mrozinski
Debbie Ayeni
Layhlon Pearce
Lili Lannigan
Zainab Haider
Taiwo Bashir
Miguel Santiago
Phoenix Barnett
Freddie Foreman
Paramdeep Rathor
Cai Maradzika
Lilly Thorne
Ella Bowers
Elyse Pestell-Thomas
Maks Sarnowski
Anabella Runce
Inaya Pestell-Thomas
Vinnie Wells
Kyan Adams
Ivan Dabu
Bella Baddams
Mia Thorne
Amelia Skeats
Tommy Castle
Jackson-Junior Read
Theo Todd
Annabelle Hillier McNeil
Aayu Perera
Jonathon Mulumba
Kieran Lichfield
Anaya Hunt
Freya Peters
Christopher Smith
Antek Kicinski
Anastazja Bergier
Sophie Nieduzak
Amy Borzyska
Amara Wing
Liani Searle

Music Award



Lucas Silva
Katelyn Jones
Zoe Pal
Cassius Ferdinand
Poppy Barnes
Shammah Machakaire
All Year 6 Violinists

**"IT'S UP TO
YOU HOW FAR
YOU'LL GO.
IF YOU DON'T TRY,
YOU'LL NEVER
KNOW**



Ready Respect Safe Award



Sarah Soptorean
Sophia Anderson
Eliza Anjum
Saoirse Rochford-Scotland
Peyton Read
Oliver Szynczyk
Antony Agnew
Wiktoria Bujnowska
Tez Vadgama
Rian Prasad
Leviene Abad
Rafa Acaín
Ashley Mundell
Holly De La Mata Escudero
Missy Wells
Theo Todd
Emily Ferreira
Phoebe Iyapen-Kistan
Lottie Peters
Anthony Zaleta
Caleb Ndhlovu
Kore Ayeni
Francieszek Zelek
Nico Prokopiuk
Zoe Pal
Adam Haraga
Brielle McLoughlin
Shammah Machakaire
Calvin Uzukuani
Sienna Stone
Jason He
Lili Wrezel
Emily-Rose Walsh
Mia Barrow
Shahinaz Osman
Alaya-Marie Spence
Sukheera Fletcher
Tristan Latkar
Max Phillipson
Abigail Blunden
Thomas Hainz
Elle Lim
Meshach Battad
Finley Stevens
Luis Cordeiro
Paige Butt
Tia Vadgama
Simon Szuba
Tranette Aso
Danielle Sabellano
Michelle Njoku
Jasmim Ricardo
Antoni Zurek
Lian Suarez
Jasmine Frades
Archie Barnes
Rico Ashrafian
Helena Salimi
Natalie Stephens
Phoebe Iyapen-Kistan
Poppy Barnes
Gabriel Oliveira
Rose Baker
Ronnie Foreman
Mircea Ioan
Anaia Agnew
Junior Longland
Izabela Dudzik
Hunzala Zia
Jack Hammond

William Bennett
Lanaya Lobo
Zaneeta Sony
Hanna Prus
Alexia Cooke
Oscar Read
Lexi Hamshare
Logan Burden
Lawrence Agbonkhina
Rohan Rafferty
Borys Klak
Thomas Laivenieks
Johnny Severn
Anna Anderson
Esmea Bursey
Nathan Pszczolarski
Barnaby Groves
Emily Podsedkowska
David Petrisor
Zechariah Good
Verona Manning
Joe Haque
Nicole Gornik
Ronan Gibson
Logan Powell
Tatiana Gillgower
Michael Okoye

Testlands Award



Maja Pilat
Izabelle Hunt
Noah Waller
Nico Prokopiuk
Oscar Kuczala
Nicko Duque
Laura Petrisor

**IT NEVER
GETS EASIER,
YOU JUST
GET BETTER.**

Thank you to Christelle
Blunden for the
donation of a special
book to the Library.

Year 3

In Year 3 this term we have been immersed in all things **Disney**! We wrote persuasive letters to Mrs Newton, and were very excited to read her reply. We are looking forward to watching a Disney film in the hall before Christmas. We have delved into the excitement of Aladdin's cave, focusing on describing all the treasures that are hidden inside.



We have explored **forces**, and described a force as a push and a pull. We investigated **friction**, and how different surfaces had an impact on a moving object. We are able to discuss how a force can slow down an object or change its direction. We have been fascinated by gravity and how we all stay on the ground, regardless of where in the world we are.

Alongside our study of **forces**, we have enjoyed investigating **magnets**. We explored magnetic materials, and made a maze to move a paper clip around using a magnet under the table. We loved investigating the north and south pole of magnets and how they attract and repel. We watched videos of the beginnings of some roller coaster rides and explored how magnets work to control the starting and stopping of different roller coasters.



Alongside our Science work, we have explored **where the 6 Disney resorts** are and discussed the reasons we think they might all be in the northern hemisphere. We used a map of a Disney resort to learn how to use the key and symbols on a map to find our way around.

Is my child well enough to come to school?

These are the guidelines we have to follow, provided by the **NHS Healthier Together** website. It is useful information as to whether you should keep your child off school or not. So this hopefully will save you phoning to ask whether your child should come in!
If you are unsure, often it is easier to bring your child in and we will always phone you later to collect them if they are really not well enough to be in school.

There are also details about getting tested for Covid 19.

Infection	Exclusion period	Comments
Athlete's foot	None	Athlete's foot is not a serious condition. Treatment is recommended.
Chicken pox	Five days from onset of rash and all the lesions have crusted over	
Cold sores (herpes simplex)	None	Avoid kissing and contact with the sores. Cold sores are generally mild and heal without treatment
Conjunctivitis	None	If an outbreak/cluster occurs, consult your local HPT
Diarrhoea and vomiting	Whilst symptomatic and 48 hours after the last symptoms.	See section in chapter 9
Diphtheria *	Exclusion is essential. Always consult with your local HPT	Preventable by vaccination. Family contacts must be excluded until cleared to return by your local HPT
Flu (influenza)	Until recovered	Report outbreaks to your local HPT.
Glandular fever	None	
Hand foot and mouth	None	Contact your local HPT if a large numbers of children are affected. Exclusion may be considered in some circumstances
Head lice	None	Treatment recommended only when live lice seen
Hepatitis A*	Exclude until seven days after onset of jaundice (or 7 days after symptom onset if no jaundice)	In an outbreak of hepatitis A, your local HPT will advise on control measures
Hepatitis B*, C*, HIV	None	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact. Contact your local HPT for more advice
Impetigo	Until lesions are crusted /healed or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period.
Measles*	Four days from onset of rash and recovered	Preventable by vaccination (2 doses of MMR). Promote MMR for all pupils and staff. Pregnant staff contacts should seek prompt advice from their GP or
Meningococcal meningitis*/ septicaemia*	Until recovered	Meningitis ACWY and B are preventable by vaccination (see national schedule @ www.nhs.uk). Your local HPT will advise on any action needed
Meningitis* due to other bacteria	Until recovered	Hib and pneumococcal meningitis are preventable by vaccination (see national schedule @ www.nhs.uk) Your local HPT will advise on any action needed
Meningitis viral*	None	Milder illness than bacterial meningitis. Siblings and other close contacts of a case need not be excluded.
MRSA	None	Good hygiene, in particular handwashing and environmental cleaning, are important to minimise spread. Contact your local HPT for more information
Mumps*	Five days after onset of swelling	Preventable by vaccination with 2 doses of MMR (see national schedule @ www.nhs.uk). Promote MMR for all pupils and staff.

Is my child well enough to come to school?

Infection	Exclusion period	Comments
Ringworm	Not usually required.	Treatment is needed.
Rubella (German measles)	Five days from onset of rash	Preventable by vaccination with 2 doses of MMR (see national schedule @ www.nhs.uk). Promote MMR for all pupils and staff. Pregnant staff contacts should seek prompt advice from their GP or midwife
Scarlet fever	Exclude until 24hrs of appropriate antibiotic treatment completed	A person is infectious for 2-3 weeks if antibiotics are not administered. In the event of two or more suspected cases, please contact local health
Scabies	Can return after first treatment	Household and close contacts require treatment at the same time.
Slapped cheek /Fifth disease/Parvo virus B19	None (once rash has developed)	Pregnant contacts of case should consult with their GP or midwife.
Threadworms	None	Treatment recommended for child & household
Tonsillitis	None	There are many causes, but most cases are due to viruses and do not need an antibiotic treatment
Tuberculosis (TB)	Always consult your local HPT BEFORE disseminating information to staff/parents/carers	Only pulmonary (lung) TB is infectious to others. Needs close, prolonged contact to spread
Warts and verrucae	None	Verrucae should be covered in swimming pools, gyms and changing rooms
Whooping cough (pertussis)*	Two days from starting antibiotic treatment, or 21 days from onset of symptoms if no antibiotics	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your local HPT will organise any contact tracing

STAY ALERT

▼

CONTROL THE VIRUS

▼

SAVE LIVES

Call 111 to get advice about Coronavirus

HM Government

NHS

Coronavirus

How to get tested



If you think you might have coronavirus you can now have a test.



The signs of coronavirus are:

- High temperature
- Or a new and continuous cough
- Or loss of smell or taste



If you or anyone you live with has any of these signs then you must all stay at home.

You can find out how to get a test and how long you need to stay at home at nhs.uk/coronavirus

STAY ALERT ► CONTROL THE VIRUS ► SAVE LIVES



There are **THREE CHOICES** every day!

More reasons to try different school dinners!

Every choice comes with seasonal vegetables, salad, different types of potatoes or chips on different days

and...

There is a variety of **hot and cold**

Week 1 Week Commencing Monday 17th January 2022 Monday 7th February Monday 7th March	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple
Monday	Bubble Salmon	Vegetarian Sausages	Hidden Vegetable Pasta
Tuesday	Vegetarian Bolognese	Cheese and Tomato Pizza	Jacket Potato with Tuna and Sweetcorn
Wednesday	5 Bean Chilli	Butternut squash macaroni cheese and garlic bread	Jacket Potato with cheese
Thursday	Roast Chicken and stuffing	Veggie Parcel and gravy	Pea and Leek Pasta
Friday	Fish Bites	Vegetable and cheese pinwheels	Jacket Potato with baked beans
Week 2 Week Commencing Monday 3rd January 2022 Monday 24th January Monday 14th February	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple
Monday	Chicken and leek pie	Vegetable goujons	Hidden vegetable Pasta
Tuesday	Turkey sweet and sour with rice	Cheese and Tomato Pizza	Jacket Potato with Tuna and Sweetcorn
Wednesday	Vegan Sausage Roll	Seven Vegetable pasta	Jacket potato and cheese
Thursday	Yorkshire Pudding filled with chicken strips	Yorkshire Pudding filled with savoury vegetarian mince	Hidden vegetable pasta
Friday	Breaded fish	Chickpea patties	Creamy mushroom pasta
Week 3 Week Commencing Monday 10th January 2022 Monday 31st January Monday 28th February	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple
Monday	Turkey Burger	Chickpea, coconut and spinach curry	Jacket potato and beans
Tuesday	Tuna and sweetcorn pasta bake	Cheese and Tomato Pizza	Jacket potato and Ratatouille
Wednesday	Vegetarian Lasagne and garlic bread	Quorn nuggets	Jacket potato with cheese
Thursday	Roast Chicken and stuffing	Cauliflower and broccoli bake with cheesy crumb top	Hidden vegetable pasta
Friday	Fish Fingers	Bean and Lentil burger	Cheese and broccoli pasta

Dinners **MUST** be paid for in advance. They cost **£2.50 per day**. Payment must be made **online**.

If you think you may be eligible for free school meals, please contact Mrs Worley, Mrs Cookson or Mrs McCubbin in the school office. Thank you.