



Shirley Warren Christmas News



Shirley Warren Primary and Nursery School, Warren Crescent, SOUTHAMPTON, SO16 6AY
16th December 2022

Dear Parents/Carers

I usually take this time to round up the terms news, however the introduction of the weekly newsletter has enabled me to keep you updated on a more regular basis. Therefore this newsletter is a chance for me to do two things...

Firstly, I would like to say **goodbye and thank you to Miss Lott** for everything she has given to Shirley Warren over the past 13 years. Miss Lott started Shirley Warren as a Teaching Assistant, she then trained as a teacher whilst working at the school and then in more recent years has become part of the Senior Leadership Team. Over the years Miss Lott has gotten to know so many of the Shirley Warren children and their families – she is a whizz at knowing the names of siblings who are now at secondary school and beyond! Whilst this is a sad moment for Shirley Warren, the time has come for Miss Lott to be **Headteacher** of her own school and we are so very proud of her. I am sure you will join me in wishing her the very best of luck in her new role. **GOOD LUCK MISS LOTT!!**

Secondly, I would like to **thank all of the Shirley Warren staff** for their hard work and dedication to their roles over this term. Many hands make a building but **many hearts make a school** and that is what we have here and why it is such a special place to work. I thank them all and wish them all a very relaxing, happy Christmas.

You will see throughout the newsletter just what a fantastic term the children have had. Thank you to Mrs Worley for doing a fabulous job of putting it all together.

Why is a turkey never hungry at Christmas?

It is always stuffed!

How do you wash your hands at Christmas?

With hand Santatizer

What's warty and hangs from the ceiling at Christmas?

Mistel-toad!

Why is Stormzy like an elf?

He spends all his time wrapping!

Wishing you all a very happy holiday.
See you back safe and sound on the **3rd January**

Mrs Newton

*The children and staff of Shirley Warren wish you a Merry
Christmas and all the best for 2023!*

*School reopens to children on
Tuesday 3rd January*



Article 30 (children from minority or indigenous groups)
Every child has the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of the people in the country where they live.

Merry Christmas

From the Admin Team...Claire, Sarah, Nina and Amy

Thank you everyone for your support and help this term while we have been so short staffed in the office. It has also been a difficult time with Covid followed by the threat of Scarlet Fever and Strep A. Thank you for your understanding as we phone you to collect your poorly child. Let's hope the Christmas break lessens some of the germs moving across the school.

We now have a new place where lost property is being kept—in the Parent Partnership Room behind the purple curtain. Please check there if your child has lost anything. We try and return items that are named but always worth a check there. Please name every item that your child brings in to school to save them losing things!

It is very important that we have your up to date telephone number and email address. We send nearly all letters home by email. So, if you are lucky enough to get a new mobile for Christmas, or change your email address, please let us know by email office@shirleywarren.co.uk

Thank you for your kind Christmas gifts given to the office today!

Merry Christmas from us all in the Office.

Please arrive in school on time !

We are seeing more and more children arriving late which is causing disruption to the class while the late children settle. It also means that staff need to be released from other duties to open gates and doors which is often not practical.

Thank you for your help in bringing your child to school on time.

This term **121** children were late resulting in over **147 hours of lost learning**.

Sarah Worley Attendance Officer



Thank you for all the wonderful colourful and Spotty costumes on Children in Need Day!
We raised £330 !

We have had some assemblies and workshops led by staff of the **Rainbow Centre**, to raise awareness of children's disability.

We invited the children to wear a brightly coloured jumper and if possible donate £1. All proceeds raised will go directly to the Rainbow Centre.

Thank you very much for your kind donations. We raised £230 !



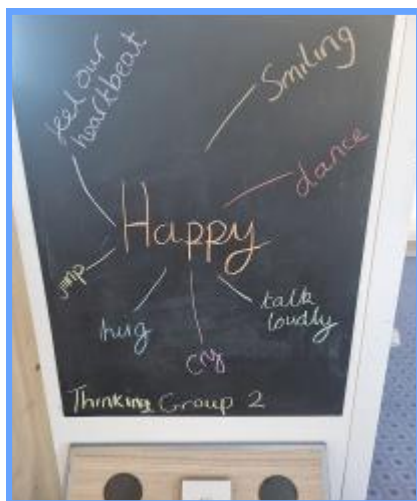
**IT NEVER
GETS EASIER,
YOU JUST
GET BETTER.**

CELEBRATIONS

Class Star of the Week Respect Certificate

Starfish	Amira	Tommy
Seahorse	Isabella	Mia
Squirrel	Lucas	Kenzo
Hedgehog	Mason	Molly
Badger	Oscar	Dominik
Fox	Annabelle	Katelyn
Koala	Simon	Ameya
Panda	Harry	Cyprian
Lion	Tranette	Alaya
Tiger	Lexi	Cassius
Toucan	Freddie	Tez
Parrot	Freya	Rian
Eagle	Lucas	Jake
Hawk	Mia	Indi
Testlands	Myah-Marie	
Attendance	Eagle	

In Thrive group sessions we have been focussing on our emotions and what our body feels like when we experience these feelings. This helps develop the children's emotional development as well as social skills, as they work together and tell each other what it feels like for them. We talk a lot about our 'thinking brains' and how we don't always use it when our downstairs brain (emotional brain) takes over.



We have also been developing our sharing and turn taking skills when playing in groups with all sorts of games. The most popular games we play in our group sessions are:

- Kim's game (you have to hide objects under a blanket and remove them without anyone seeing and they have to remember what object is missing!)
- Higher or Lower (A card game where the children have to work together in order to work out if the card is going to be higher or lower than the card before!)

Have a go and play these games at home!

A copy of the Christmas treasure hunt can be found in school by reception.

CITY CATERING



Well done to James in Fox Class who entered the City Catering Design a Christmas Card Competition and **WON!!**

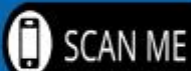
His card is being made into an e-card to be able to be sent out.

We are very proud of you!

Thank you City Catering for our lovely Christmas Dinner on Wednesday. Our children had a great time. They were very lucky to have such amazing food!

Check out our job
vacancies today!

Scan the QR Code to find out more



**CITY
CATERING**
Food for good

Call Kinga Nogiec, our HR
Assistant on 023 8033 2226,
if you have any questions.



YEAR R—Seahorses

Seahorses

Whilst we were sad to say goodbye to Miss Kirkpatrick it has been lovely to have Mrs Haumann teaching us and we thank her for all of her help. We are now very much looking forward to having **Miss Goodall** as the Seahorses teacher for the rest of the year. She is very excited too and already has lots of ideas about activities and fun learning to make sure this continues to be a successful year.



The children in Seahorses have enjoyed their **computing lessons** and have been learning about early programming by using the bee bot and caterpillar bot.



We are learning about sounds through the '**Floppy's Phonics**' programme and this is helping us to read and write. Everyday we practise counting and enjoy learning about numbers.



Seahorses have had the opportunity to experience some lovely practical lessons to make their learning more fun. As part of their Maths pattern work they made fruit kebabs and, whilst learning about Autumn, the children made Pumpkin soup and delicious hot chocolate! As part of their learning about Diwali the children all enjoyed their **Diwali Day** when **Mrs Bhakar** cooked up some yummy treats and they did activities based around the celebration.

YEAR R



Seahorses finished off this term with the **Christmas production 'It's a Baby!'** and we were very proud of them all for standing up in front of an audience and singing beautifully.

Thank you to all of the parents and carers who have signed up to Tapestry, attended one of our 'Welcome Wednesdays' or that came to the show. We have enjoyed being able to share your child's learning journey with you so far and we look forward to continuing and seeing even more progress after the holidays.

Starfish Class



We love muddy puddles in **Starfish Class!** Please make sure your child keeps some wellies in their home box so that we can continue to have lots of fun in the New Year! If you would like to donate any spares, we will happily take these off of your hands!



We LOVED **Rockstar Day!** We spent the day doing lots of fun Maths activities and being the rock stars that we are!

YEAR R—Starfish

At the beginning of this half term, we went on a **pumpkin hunt!** It was very similar to going on a bear hunt - we wanted to find a BIG one and we definitely weren't scared! We found a super cute pumpkin patch in our garden of all places (having searched the entire school). We talked about what we liked about each pumpkin on the patch and decided that we wanted to try to make pumpkin soup after reading the story 'Pumpkin Soup'. We tried the soup and some of us loved it whilst others weren't so sure! We thought it would be a really good idea to write instructions so that Mrs Newton could try making our recipe at home!



We learnt about **2D shapes** and we were very surprised to find out that shapes are all around us!

We've been learning lots more sounds using our **Floppy's Phonics** programme. The children are really impressing us with their segmenting and blending using their robot arms!



YEAR R—Starfish



We've been learning lots more sounds using our **Floppy's Phonics** programme. The children are really impressing us with their segmenting and blending using their robot arms!



We really enjoyed learning about special celebrations after reading the book '**Little Glow.**' We thought about how we celebrate with our families and what is special to us. We then thought about light and we learned lots about **Bonfire Night and Diwali.** We finished off our learning by inviting our grown ups into the Little Glow Festival. Our lovely **Mrs Bhakar** prepared so many yummy treats for us to try and we made Diya Lamps and made Rangoli patterns.



We love spending time in our garden and making treats in our mud kitchen!



We thoroughly enjoyed watching England play whilst we were at school. Although their time in the World Cup was short lived, we enjoyed learning lots about the different countries!



Wednesdays are a firm favourite in Starfish Class. It's been incredible to see so many parents come to our 'Welcome Wednesdays' and share some time doing activities with their children. This will be continuing in the New Year so we look forward to welcoming lots of you then!



We read the **Stickman** book and we loved it. We went and found some sticks in the garden and we made our own stickmen and stick ladies! Afterwards, we thought they needed somewhere to live so we turned our dolls house into a family tree!

Merry Christmas from Starfish and Seahorse Class



The children performed their first ever show called "It's a Baby" and they were absolutely fantastic! All of the children did their best to use clear speaking voices and loud singing voices. We hope you enjoyed it as much as we did!



SPORT AT SHIRLEY WARREN

Clubs

We are very proud to be able to offer a variety of extra-curricular sports clubs for the children this year and have been delighted with the number of children attending each week. Clubs have included years 5/6 basketball, KS2 table tennis, KS1 football, years 3/4 football, KS2 gymnastics, years 5/6 football and KS2 cross country. The children have all worked incredibly hard to improve their skills throughout these clubs, which has been evident through their results at competitions...

Cross country

Children from year 3 - 6 came along to The Outdoor Sports Centre to compete in cross country races against four hundred other children from schools across Southampton. All children involved finished each race, showing pure determination throughout. A massive thank you to all parents, carers, family members and friends that turned up to support by cheering our Shirley Warren superstars on - I know you are all as proud of them as we are!

Cross country superstars:

Year 3 - Alvin, Maria

Year 4 - Bartek, Patryk, Antony, Freya

Year 5 - Nico, Anastazja

Year 6 - Lawrence, Sophia, Jayden, Bruce, Adam



Table tennis

Following our successful table tennis after school club, we were able to enter into a Southampton City Schools years 5/6 table tennis tournament. After hosting trials, which more than 30 year 5 children turned up to - we narrowed the teams down to the final 8 children:

Year 5: David, Joee, Sam, Tristan, Hannah, Millie, Anastazja, Trangel.

Unfortunately, this was the same week as the year 6 residential but we are very hopeful that we will be able to enter another tournament in the spring or summer terms.



We unfortunately lost out on the finals by just **1 point** - but the children (and adults) were able to walk away incredibly proud of the children's efforts, attitudes and accomplishments. A special shout out to both Hannah and David who played all games **undefeated!**



SPORT AT SHIRLEY WARREN

Football

Our year 6 football team (selected from trials of 39 children!) have made us beyond proud during their league games in Autumn 1. They have turned up with maturity, dedication and true sportsmanship, encouraging each other and showing respect to opposing sides.



Week 1

Team: Josh, Bella, Ryan, Marcin, Seb, Karim, Leon, Charlie, Jake, Harley

Results:

Highfield 1-0 Shirley Warren
Newlands 2-1 Shirley Warren
Foundry Lane 2-0 Shirley Warren

Week 2

Team: Seb, Charlie, Josh, Bella, Mahdi, Ryan, Marcin, Jake, Karim, Leon.

Results:

Portswood 1-1 Shirley Warren
St Marks 2-4 Shirley Warren
Highfield 2-0 Shirley Warren



Week 3

Team: Seb, Charlie, Josh, Bella, Mahdi, Ryan, Marcin, Jake, Karim, Leon

Results:

Newlands 1-0 Shirley Warren
Portswood 0-3 Shirley Warren

Week 4

Team: Bella, Mahdi, Ryan, Leon, Bruce, Seb, Leon, Josh, David (y5), Casper (y5), Max (y5)



Results:

Shirley Warren 2 - 0 St Marks
Foundry Lane 3 - 0 Shirley Warren



Basketball

Children from years 5 and 6 have been putting their all into basketball training every Tuesday after school. Following trials, where 47 children attended (causing Miss Ashley some very difficult decisions over the selection process), the teams were selected and children were able to compete against other schools across Southampton.



A team: Y6 - Maja. Y5 - David, Kenzo, Sam, Michelle

B team: Y6 - Lawrence, Josh, Harvey, Sophia, Ola. Y5 - Joee

C team: Y6 - Rafa, Zeeshan, Janine, Bella. Y5 - Mircea, Tristan.

Children played brilliantly throughout the competitions, and, even through forfeiting several games one week at a default loss of 5-0 per game, the A and B team still qualified for the final 16 knock out rounds! **B team** then went through multiple rounds to win a bronze medal!

A team:

B team:



Training photos:



YEAR 1

Year 1 were so pleased to share a Craft Afternoon with parents.
Thanks for coming!

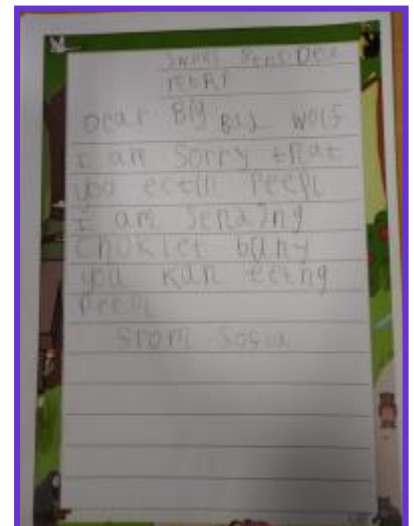
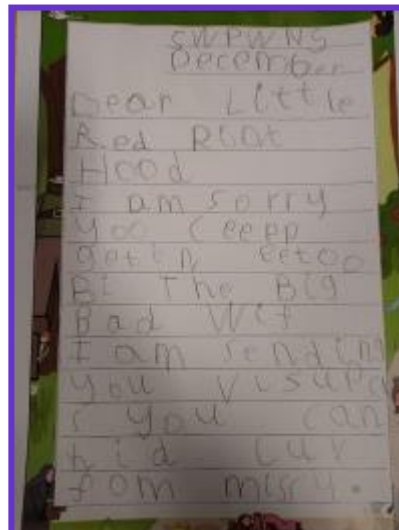
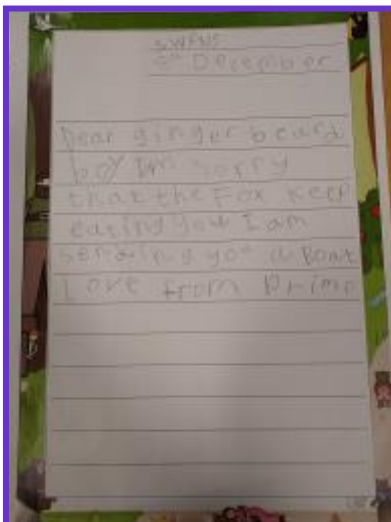


YEAR 1

Year 1 loved getting involved in making Christmas Cookies. They designed their cookies, measured the ingredients, helped stir the mixture and cut out the shapes.

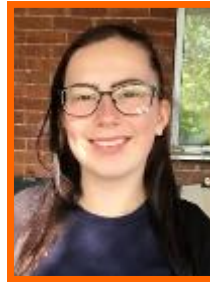


Letters to Fairytale characters—Some great work Year 1!



TERRAPINS –NURSERY

It has been a great start to the academic year in Terrapins class. We have welcomed some new children and some new staff. We are very pleased to have Miss Spicer, Miss Parsons, Miss Ettridge and Miss Andrews join the Nursery team.



Thank you to all parents for signing up to Tapestry, we hope you are enjoying being able to share your children's learning journeys. We will continue to update your journals with photos of your children and pictures of the activities we are doing in class throughout the year. Thank you also to everyone who has attended our 'Stay and Play' afternoons,

We started the Autumn term by sharing the book 'The Colour Monster' which allowed us to practise our colours and think about our feelings. We have looked at traditional tales such as 'Goldilocks and the 3 bears' and 'The Three Little Pigs' and enjoyed learning about Diwali, Remembrance Day and Fireworks. It has been a pleasure to see you all.



In our group times we have been so busy learning lots of skills. We have been counting, learning some sounds, practising our cutting skills and getting very creative.



TERRAPINS –NURSERY

We have taken every opportunity to go outside and continue our learning whether it is constructing, balancing, working collaboratively or just enjoying a good book! We also loved our Christmas sing-along.



*Merry
Christmas from
Terrapins class*



Technology gifts are often high on Santa's lists each year so it is important to ensure that your children are safe when playing with new devices. To help you over the holidays, here are a few top tips to help keep your children safe online.

Understand new devices

Once you hand over devices on Christmas morning it can be hard to get them back, so it's great to have a go on any devices you buy beforehand. Many devices have controls to ensure that children can't access content you don't want them to. These include settings for online searching, "in-app" purchases and some have screen time allowances.

Setting-up your tablets in advance

Tablets are really popular with children and there are a wide range to choose from, including child-friendly and educational models. When it comes to setting up and using tablets, why not start slowly? Download games and apps you have checked out carefully. Sites such as Net Aware or Common Sense Media provide useful advice.

Games Consoles

Each year there are so many exciting games and consoles around, there is a good chance you might have one coming into your house.

To help you choose age-appropriate games for children most platforms will feature an age rating on the game - downloading and using the game yourself is a great idea to experience first-hand what your child may be watching. Alternatively, you can go to [NetAware](#) or [Common Sense Media](#) for more information.

Top tips for the holidays:

- Set boundaries - how often can your children use their new devices?
- Apply Screen Time Limits - agree a time limit or number of games beforehand, to avoid repeated disagreements around how long they can spend online.
- Sleep comes first - we advise that phones or tablets stay out of the bedroom overnight to charge. This avoids those night time distractions!

Social Media

As a parent it's important you know that all social networking platforms have age limits. The following all have a minimum age rating of **13+**: BBM, Facebook, foursquare, Instagram, TikTok, Reddit, Snapchat, Flickr, Monkey, Tumblr.

- Many sites include an instant message function which allows private conversations between site members.
- - Some app versions of social networks use the location of the phone.
- - Information shared between friends can be easily copied and may spread
- - It isn't easy to take back information that has been posted – and can be impossible if it's already been shared.
- - Not everyone your child meets online will be who they say they are. Chatrooms and forums can connect people who are complete strangers and can be unmoderated.

WhatsApp (16+ age rating)



Nation Online Safety have produced a useful guide for parents/carers. The guide has tips on a number of potential risks when using the site such as stranger danger, live location sharing and disappearing messages.

Tips to keep children safe on Netflix



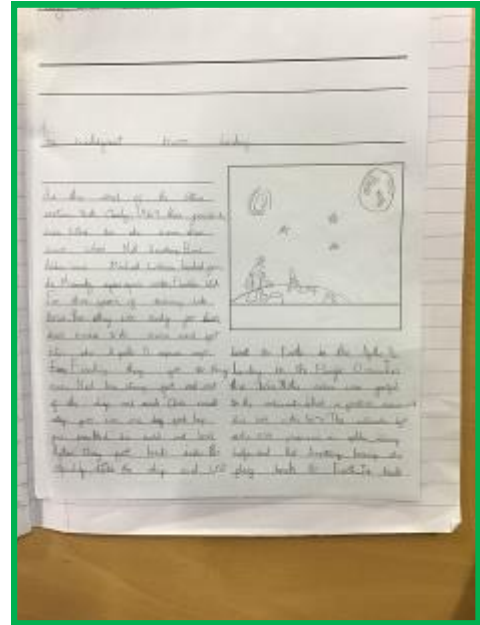
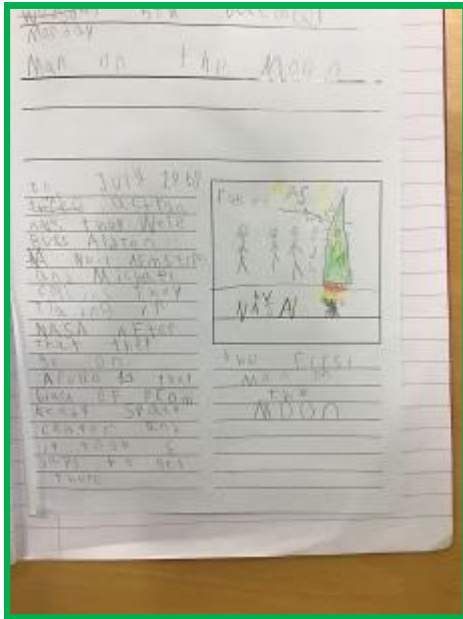
If you share your account with your child you may wish to set up parental controls to help stop children watching inappropriate or adult content.

O2 and NSPCC have put together a series of tips to keep children safe on Netflix.

YEAR 2

The Super 60's

This half term Year 2 has had a brilliant time learning all about the 60's. We have done lots of research about toys, games and fashion in the 60's, as well as learning about some key events such as the first man on the moon!



In music, the children had a great time learning many great 60's songs by famous artists such as The Beatles and Elvis Presley. They also got to learn Mrs Bowers' favourite song - Sweet Caroline by Neil Diamond.

In PE, the children had great fun being able to practise some key 60's dance moves such as the 'pony trot' and the 'chicken head'.



Year 2 also looked at the artist Andy Warhol and took inspiration from his work in order to create their own colourful printing!



Finally, to finish off our project, Year 2 invited their grown ups in to celebrate their learning with a 60's themed party.



The children had a brilliant time and were really proud to be showing off their learning.

YEAR 6

Our project was Darwin's Discoveries

At Stubbington Study Centre we saw Darwin's theories in action !



Here we are at the beach searching for fossils.

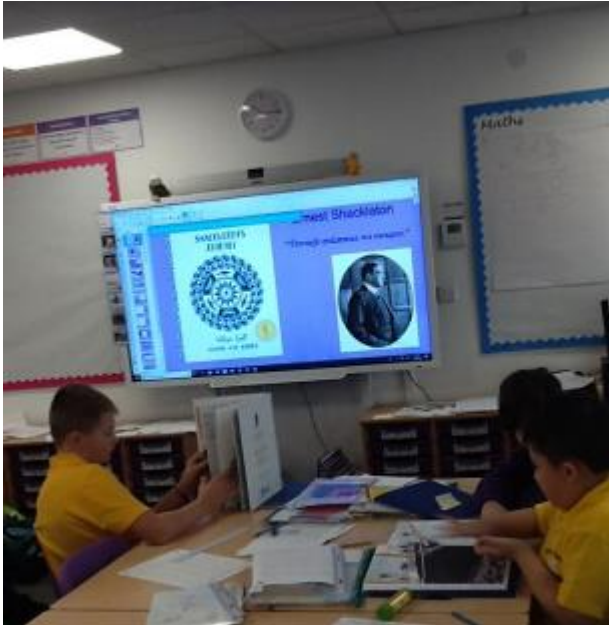
We also enjoyed all the Team Building activities; Earthquake, Den Building & Amazon Adventure.



YEAR 6

Frozen Worlds

As part of our Frozen Worlds topic, we enjoyed learning about Shackleton's journey. We also wrote some fantastic letters as Shackleton too.



We've also worked in groups to research the Galapagos, evaluate different characters and sort figurative language.



YEAR 5

This term, year 5 have settled in incredibly well and have embraced all learning opportunities.

We began the year with the whole school project; **The Wizard of Oz**. During this time, we made our own 'resilience cy-clones' and ended the two weeks with a Wizard of Oz day.

Wizard of the Oz day! It was one of the best day ever - we dressed up as the characters and watched a staff performance of the show.



Viking day is the best day. We dressed up as vikings for the day and had to choose a god/goddess to research about. We made shields to defend against the anglo-saxons! Then after our victory, we had our favorite desert pancakes!



Viking day was the best because I learnt new things about vikings and we also dressed as vikings.

We then began our first year 5 project; **Vikings!** We enjoyed reading Viking Boy by Tony Bradman and learning about how the Vikings lived. We finished this project by having our own Viking Day.



"STOP BEING
AFRAID OF WHAT
COULD GO WRONG
AND START BEING
EXCITED ABOUT
WHAT COULD GO
RIGHT."

UNKNOWN



YEAR 5

After a brilliant half term, we returned from the half term break to begin learning about The Victorians. We discovered spine-chilling facts about the workhouse, immersed ourselves in a Victorian School day and wrote our own Victorian poetry.

The Victorian day was a fun day as I got to be the dunce, which was funny, but it was supposed to be embarrassing. We did some lesson, that was fun and when the teacher banged the table we got surprised and jumped off our seats. We made our own P.E game (called cup and ball.) Then we ate our gravel.



The PE lesson on Victorian day was really fun because we got to do cup and ball, tug of war and skipping and my favourite of the PE lesson was skipping because I love skipping, because I usually do this every 30 minutes a day. (Only when it's weekend or half term.)



I like Victorian day the most because it was so funny on how the teacher acted that I can barely hold my laugh.

In the afternoon, we created our own Victorian toys which we took with us the PE lesson. This consisted of cup and ball relays, tug of war and skipping competitions.



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One day, we had some learning about British Values, which resulted in every table in the class making a poster about each British value. The best part was designing the layout of the poster, since I like geometry, one of my favourite subjects.



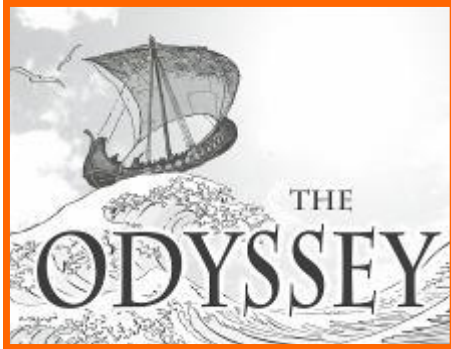
My favourite learning this year is...
DT
Because I had to design my packaging and make bread.



YEAR 4

Year 4 has had a very exciting term to start off an exciting 2022-23 school year.

We have studied the **Ancient Greeks** and have used **Percy Jackson and the Lightning Thief** as one of our text drivers. Year 4 have explored many aspects of the Ancient Greeks and have learned that the time period is often known as the, 'Cradle of Civilisation.' laying foundations for law, art, sport and architecture for the modern world.



Greek Myths have played an important role in Year 4's writing this year, with the children producing some high quality narratives based on Homer's great epic, '**The Odyssey**'. Each child was able to plan, write and then edit and proof-read their own narrative, before writing their final published version.

Maths continues to be ever challenging and each child is really preparing for the end of year Tables test that is sat nationally. Children in Year 4 have enjoyed the **Time Tables Rock Star challenges** along the way.



All other subjects have challenged the children's knowledge and understanding whilst developing their educational learning; mentally, spiritually and physically.

Well done Year 4. All of the staff are very proud of you. We wish you a wonderful and relaxing Christmas and wish you and your families a super New Year alongside a very successful

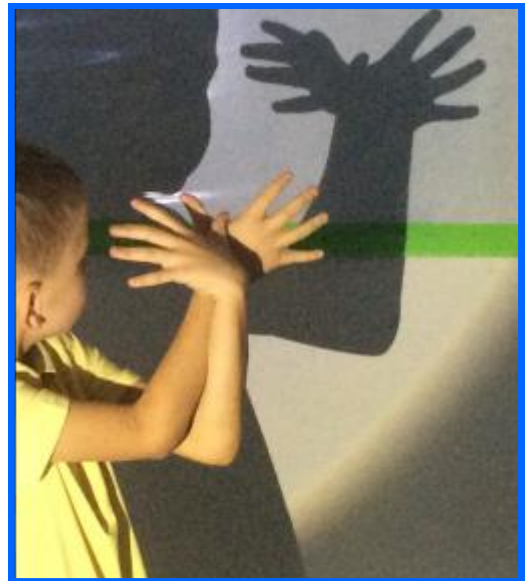
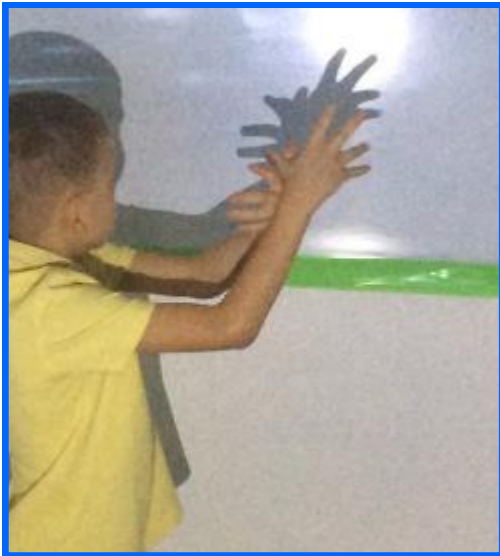
Christmas Dinner Wednesday!



Year 3

Year 3 have had a busy beginning to the school year! In the first half term, our focus was on **Extreme Earth**. We found out about cyclones, tsunamis, floods, earthquakes and volcanoes. We made our own boats using a range of materials, and worked hard to sew the sails. We then tested them to see if they would float to survive a flood! The weather stopped us doing this outside, so we improvised and used a bowl in the classroom. I am pleased to report that all boats tested survived!

We explored light as the absence of dark and how the different weather conditions affect how much light we have. We investigated shadows and how they are formed. We had great fun playing with making different types of shadow puppets and how they change in size and clarity as they move closer or further away from the light source.



Poem about Disney **Written by Poppy Year 3**

***Walt Disney the creator, the man with all the ideas
Telling tales and happy endings throughout all the years.***

***Cinderella, Snow White, Beauty and the Beast
Elsa, Anna to name some characters at least.***

***1937 is when it all began
7 dwarves were made – Sleepy, Sneezy and the gang.***

***Once upon a time when the princesses were born
Becoming friends, learning lessons, a new dawn.***

***Walt Disney lives on through all of these stories
Films, books and creations – years of endless glory.***

Year 3



This half term we have thrown ourselves wholeheartedly into our project of **Disney**. In our science focus we used the stimulus of roller coasters to explore how magnets work and how they control the beginning and end of the ride. We explored forces, including friction and gravity and learnt about Isaac Newton.



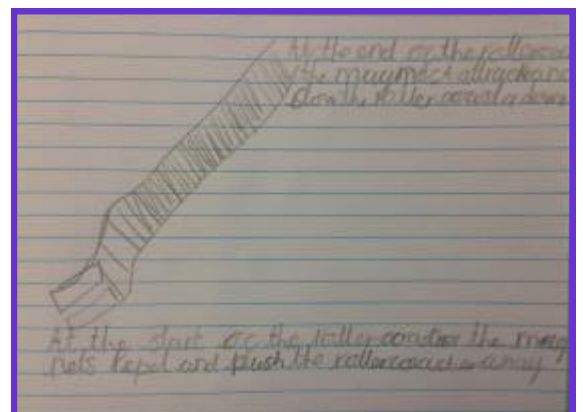
In **DT** we have **designed a poster** for our very own Disney film featuring ourselves. We persevered with using the saw to cut the wood, and then joined it together to create a perfect picture frame for our poster.



I



In our science focus we used the stimulus of roller coasters to explore **how magnets work** and how they control the beginning and end of the ride. We explored forces, including friction and gravity and learnt about **Isaac Newton**.



Is my child well enough to come to school?

These are the guidelines we have to follow, provided by the **NHS Healthier Together** website. It is useful information as to whether you should keep your child off school or not. So this hopefully will save you phoning to ask whether your child should come in!
If you are unsure, often it is easier to bring your child in and we will always phone you later to collect them if they are really not well enough to be in school.

There are also details about getting tested for Covid 19.

Infection	Exclusion period	Comments
Athlete's foot	None	Athlete's foot is not a serious condition. Treatment is recommended.
Chicken pox	Five days from onset of rash and all the lesions have crusted over	
Cold sores (herpes simplex)	None	Avoid kissing and contact with the sores. Cold sores are generally mild and heal without treatment
Conjunctivitis	None	If an outbreak/cluster occurs, consult your local HPT
Diarrhoea and vomiting	Whilst symptomatic and 48 hours after the last symptoms.	See section in chapter 9
Diphtheria *	Exclusion is essential. Always consult with your local HPT	Preventable by vaccination. Family contacts must be excluded until cleared to return by your local HPT
Flu (influenza)	Until recovered	Report outbreaks to your local HPT.
Glandular fever	None	
Hand foot and mouth	None	Contact your local HPT if a large numbers of children are affected. Exclusion may be considered in some circumstances
Head lice	None	Treatment recommended only when live lice seen
Hepatitis A*	Exclude until seven days after onset of jaundice (or 7 days after symptom onset if no jaundice)	In an outbreak of hepatitis A, your local HPT will advise on control measures
Hepatitis B*, C*, HIV	None	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact. Contact your local HPT for more advice
Impetigo	Until lesions are crusted /healed or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period.
Measles*	Four days from onset of rash and recovered	Preventable by vaccination (2 doses of MMR). Promote MMR for all pupils and staff. Pregnant staff contacts should seek prompt advice from their GP or
Meningococcal meningitis*/ septicaemia*	Until recovered	Meningitis ACWY and B are preventable by vaccination (see national schedule @ www.nhs.uk). Your local HPT will advise on any action needed
Meningitis* due to other bacteria	Until recovered	Hib and pneumococcal meningitis are preventable by vaccination (see national schedule @ www.nhs.uk) Your local HPT will advise on any action needed
Meningitis viral*	None	Milder illness than bacterial meningitis. Siblings and other close contacts of a case need not be excluded.
MRSA	None	Good hygiene, in particular handwashing and environmental cleaning, are important to minimise spread. Contact your local HPT for more information
Mumps*	Five days after onset of swelling	Preventable by vaccination with 2 doses of MMR (see national schedule @ www.nhs.uk). Promote MMR for all pupils and staff.

Is my child well enough to come to school?

Infection	Exclusion period	Comments
Ringworm	Not usually required.	Treatment is needed.
Rubella (German measles)	Five days from onset of rash	Preventable by vaccination with 2 doses of MMR (see national schedule @ www.nhs.uk). Promote MMR for all pupils and staff. Pregnant staff contacts should seek prompt advice from their GP or midwife
Scarlet fever	Exclude until 24hrs of appropriate antibiotic treatment completed	A person is infectious for 2-3 weeks if antibiotics are not administered. In the event of two or more suspected cases, please contact local health
Scabies	Can return after first treatment	Household and close contacts require treatment at the same time.
Slapped cheek /Fifth disease/Parvo virus B19	None (once rash has developed)	Pregnant contacts of case should consult with their GP or midwife.
Threadworms	None	Treatment recommended for child & household
Tonsillitis	None	There are many causes, but most cases are due to viruses and do not need an antibiotic treatment
Tuberculosis (TB)	Always consult your local HPT BEFORE disseminating information to staff/parents/carers	Only pulmonary (lung) TB is infectious to others. Needs close, prolonged contact to spread
Warts and verrucae	None	Verrucae should be covered in swimming pools, gyms and changing rooms
Whooping cough (pertussis)*	Two days from starting antibiotic treatment, or 21 days from onset of symptoms if no antibiotics	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your local HPT will organise any contact tracing



Call 111 to get advice about Coronavirus, Scarlet Fever and Strep A

HM Government

NHS

Coronavirus How to get tested



If you think you might have coronavirus you can now have a test.



The signs of coronavirus are:

- High temperature
- Or a new and continuous cough
- Or loss of smell or taste



If you or anyone you live with has any of these signs then you must all stay at home.

You can find out how to get a test and how long you need to stay at home at nhs.uk/coronavirus

STAY ALERT CONTROL THE VIRUS SAVE LIVES



There are **THREE CHOICES** every day!
More reasons to try different school dinners!

Every choice comes with seasonal vegetables, salad, different types of potatoes or chips on different days
and...
There is a variety of **hot and cold**

Week 1 Week Commencing Monday 16th January 2023 Monday 6th February Monday 6th March Monday 27th March	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple
Monday	Chicken Grill	Veggie pasty	Jacket Potato
Tuesday	Chicken Enchiladas	Cheese and Tomato Pizza	Jacket Potato
Wednesday	Falafel Patty	Quorn Nuggets	Jacket Potato
Thursday	Roast Chicken and stuffing	Vegetarian Cottage Pie	Jacket Potato
Friday	Fish Fingers	Mild Bean Chilli	Jacket Potato
Week 2 Week Commencing Monday 2nd January 2022 Monday 23rd January Monday 20th February Monday 13th March	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple
Monday	Chicken tacos	Potato,pepper and sweetcorn frittata	Jacket Potato
Tuesday	Salmon fish cake	Cheese and Tomato Pizza	Jacket Potato
Wednesday	Vegan Sausage Roll	Sweet Potato and lentil curry	Jacket Potato
Thursday	Chicken and sweetcorn pie	Vegetable goujons	Jacket Potato
Friday	Battered Fish	Vegetable burger	Jacket Potato
Week 3 Week Commencing Monday 9th January 2022 Monday 30th January Monday 27th February Monday 20th March	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple
Monday	Vegetarian Bolognese	Vegetable Goujons	Jacket Potato
Tuesday	Sweet and Sour Turkey Meat-balls	Cheese and Tomato Pizza	Jacket Potato
Wednesday	Mac n Cheese	Quorn burger	Jacket Potato
Thursday	Roast Beef and gravy	Vegetarian sausage turnover	Jacket Potato
Friday	Fish Fingers	Chickpea and spinach curry	Jacket Potato

Dinners **MUST** be paid for in advance. They cost **£2.50 per day**. Payment must be made **online**.

If you think you may be eligible for free school meals, please contact Mrs Worley, Mrs Cookson or Mrs McCubbin in the school office. Thank you.