



# Shirley Warren Easter News



Shirley Warren Primary and Nursery School, Warren Crescent, SOUTHAMPTON, SO16 6AY  
5th April 2019

Dear Parents

The Spring Term has passed by so quickly and it has been so very busy.

It is lovely to have Mrs Worley back publishing our newsletter and we have so much to celebrate.

World Book day, Science Week, E-Safety day were all fantastic and the children learnt a lot.

Congratulations to all those children who passed **Bikeability**. We are looking forward to seeing those children who achieved **Level 2 ride their bikes to school**. You can lock your bike within the bike stand behind the Parent Partnership Room but please remember you must wear your helmet. If you scoot to school then you can lock your scooter to the green pod. Thank you for choosing to make your school journey by walking, scooting or bike as this helps with the air quality around the school.

**Sports** – We are very proud of all our children's achievements within competitions across the city, this includes football, tag rugby and cross country. Well done to our girls' football team who are training hard to play their first two matches in the Summer Term. Well done to all our children who were learning to swim this term.

We value out of class learning experiences. It was lovely to see **Year 5** children have visited the **Winchester Science Museum**. They had an amazing time. Our **Nursery children** loved the visit from the **Fire Service** as part of their learning about different people who help us.

Times are tough for schools financially. I am so grateful for all the support, time and effort the '**Friends of Shirley Warren**' and our parents commit to raising funds for our school. This year so far you have helped raise **£1171** towards our target of £4,500 for additional work for our Year R outside area.

Our **families are very generous** and with the children have raised money for three charities this term.  
**Comic Relief £ 290, PICU and Ocean ward £400 and NSPCC £1208**

**School attendance is priority** and I am grateful for your continued support in aiming to achieve good attendance for all our children so they can achieve good progress in their learning. It is very helpful to call the office **before 9am** on the day of your child's absence. We have a link on the website to the new "Is my child well enough for school?" NHS website. This is helpful if your child is ill and you are unsure if sending them to school is appropriate. We are able to give medicines and Calpol once you have given us permission and complete the form.

Things that have made me proud this term include a member of the public letting us know how impressed they were by the behaviour and manners of all the children during Bikeability and how proud the children are to perform during class assemblies and their music and dance performances.

I wish you all a **Happy Easter** and look forward to seeing you all back after the holiday.  
Best wishes

Alison Mann  
Headteacher



Article 30 (children from minority or indigenous groups)  
Every child has the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of the people in the country where they live.

# Spring Sports Round-Up

The **UKS2 football team** have been out and about competing against local schools. Despite an initial defeat to Freemantle, the boys came back fighting with wins over Newlands, St Mark's and Mount Pleasant. Their determination and sportsmanship has been outstanding!

## Bikeability Year 5

**Working towards Level 1** - Airah Suarez, Pranav Madan Mohan, Beni Toth, Lara Nemeth



**Level 1**- Yasmine Ansari, Tommy Holmes, Taya Hunt, Logan McLoughlin, Jessica Hurst, Natalia Szpinda, Corey Crabb, Natalie Machula, Tilly Hatton, Jennifer McHugh, Dominic Cinco, Amelia O'Brien, Lennie Brooks, Jared Wilkins, Ronak Hoque, Andy Somogyi, Aaric Pavanathil, Jesseree Barrion, A'Ron Kecskemeti

**Level 2** - Ria Hoque, Henry Garner, Henry Gao, Luca Prokopiuk, Rifat Hoque, Michael Chambers, Estefanie Sayas, Julia Srebrna, Remie Cartwright

The children behaved perfectly whilst doing their cycle training - **well done Year 5!**

## Cross-Country Championships

Cross-country leagues have been taking place over the last three weeks. Lots of new children have been participating which has been great to see! Some pleasing finishes for Rihanna Wilson, Holly Busby and Joey Newman, as well as the Mixed KS2 Team at the relay event (Daniel Craciun, Lara Nemeth, Joey Newman and Stephen Agbonkhina).



## Tag Rugby

Year 5s headed to a tag rugby competition at Test Park last week. Despite having never played together - and some only learning the rules of the game on the day! - they came 4th out of the whole city. Year 3 and 4 came 3rd in their tournament on Tuesday!

**Congratulations to both teams!**



## News from the Friends of Shirley Warren...

**Please come and join us! Your parent teacher association!**

This is a busy time of year for the PTA. We are trying to raise as much money as possible for our Reception playground. It needs an upgrade as it is so well loved!

The **Chocolate Tombola** was a great success last week - thank you for your kind donations. We raised **£55!**

Thank you for all the wonderful cakes for the Great Warren Bake Off! Our winners were:

Early Years - Niamh Rochford- Scotland and David Pazdzior

Year 3 and 4 - Aiesha Bursey

Year 5 and 6 - Ruby Walsh

The Cake Sale after school was very popular and we raised **£100 !**

- Non-uniform day on **Friday 3rd May**. Please wear non-uniform and donate teddies or bottles for our summer fair. We would like alcoholic or non-alcoholic bottle and teddies in good condition. Huge thank you in advance as the teddy and bottle stall are the most popular ones!
- Summer fair on **Friday 14th June at 3pm**.

Please join us for our next PTA meeting on **Wednesday 1st May 9am**. Please come along and help us prepare for our **summer fair**.

**Michelle Allen, Becky Dinnage and the Friends of Shirley Warren Committee**

## Travelling Book Fair

The children loved looking at all the books for the Book Fair. We were able to choose a massive **£250** of books for the school as a result of the sales

- keep enjoying reading everyone!

**Thank you!**

## Comic Relief

Thank you to everyone that brought in donations for our Comic Relief non-school uniform day on 15th March. We raised an incredible **£290!** Well done everyone!



## Friends of PICU and Families of Ocean Ward, Southampton General Hospital

On Valentine's Day the children of Shirley Warren dressed in red and donated a massive **£400** to these charities.

Thank you everyone for your generosity!

## Governors' Good Egg Awards Spring Term

**Well done to:**

**Erin McLoughlin 2S**

**Bethany Thorne 5M**

A fantastic achievement!



# Our Marvellous Mathematicians!



**ROCKETS**



**PLANETS**



**STARS**



**MOUNTAIN CHALLENGE**

**Well done to all these children who have moved up levels this term on their Maths journey. Fantastic work!**



EVERYTHING IS HARD  
BEFORE IT IS EASY

## Up 1 level

Rory Castle,  
Jennifer McHugh  
Jeremia Paraschiv  
Bradley Hudson  
Darla Raggala  
Arabella Fegidero  
Melody Nagy  
Corey Crabb  
Jesseree Barrion  
Kyle Hamshare  
Lara Nemeth  
Lennie Brooks  
Maisy-May Waller  
Mischa Worthy  
Ria Hoque  
Rifat Hoque  
Ronak Hoque  
Kamron Adams  
Noha Agno  
Justyna Matela  
Colton Cooper  
Brett Head  
Maciej Lulek  
Harrison Thorne  
Joseph Rafferty  
Chloe Robinson  
Charlie Parrish  
Damian Fraczek-Krygier  
Finley Kelly  
Harry Jacobs  
Kenzie-Lee Hearn  
Mariam Mohtashami  
Teo Ionel  
Nathan Taburnal  
Nicole Borzyska  
Owen Sheath  
Renee Betteridge  
Sky Alford  
Weronika Gos  
Helen Abdullah  
Rosie-Ava Goddard  
Amelia Skeats  
Ashley Williams  
Kirah Adams  
Dolcie Foreman  
Jireh Balangcod  
Olivia Iyapen-Kistan  
Warren McCann  
Tiana Didioma  
Ruby Veal  
Oscar Kuczala

## Up 2 levels

Michael Chambers  
Camille Imlani  
Bethany Thorne  
Ema Bajalova  
David Pazdzior  
Ethan Munyaradzi  
Myah-Marie Cartwright  
Krystian Kucharski  
Natalia Szpinda  
Pranav Madan Mohan  
Bartek Bednarczyk  
Marcie Brady  
Chiara Animay  
Kye Attrill  
Gabriel Synowiec  
Nicole Trufanova  
Alex Wrobel  
Kei Chanel Laxina  
Antoni Zurek  
Cassie Manuel  
Jasmine Frades  
Mhamad Dilshad  
Archie Barnes  
Kore Ayeni  
Terry Sails  
Nicole Gornik

## Up 3 levels

Jade Frades  
Julia Srebrna  
Andy Somogyi  
Jared Wilkins  
Airah Suarez  
Antony Agnew  
Jasmine Calantary  
Lawrence Agbonkhina  
Karim Bah  
Sophie Nieduzak  
Emilia Durell  
Evelyn Bower  
Telullah Doughty  
Maizie Green  
Elijah Head  
Keegan Keats  
Finley Parrish  
Annabelle Roe  
Wade Whitcher  
Kyan Adams  
Abigail Kucharska  
Amy Borzyska  
Fibi Niemiec  
Harvey Singleton  
Hector Oliveira  
Jacob Sheath  
Jennie Dicker

## Up 4 levels

Emmanuel Lopez  
Aaric Pavanathil  
Gashbin Fadhil  
Phoenix Barnett  
Anastazja Berger  
Sean Luke Barretto  
Abhiraj Bushnan  
Lucas Craciun  
Roksana Pietrzyk  
Alex Trafisz  
Jacob Jaworski  
Joseph Durrell  
Carla Manolache  
Ben Marchment  
Vinnie Wells  
Alan Baran  
Wiktoria Bujinowska  
Hanna Czerkies  
Timon Hempel  
Zachary Holland  
Fabian Karas  
Ptryk Wegrzycki  
Baban Fadhil

## Up 5 Levels

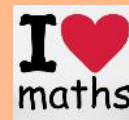
Logan Burden  
Adan Ansari  
Cassius Ferdinand  
Adam Haraga  
Danica Santos  
Caleb Ndlovu  
Franciszek Synowiec  
Charlie Cooper  
Shahinaz Osman  
Teanna-Mae Skeats  
Julia Trafisz  
Tranette Aso  
William Schutrups  
Nayomi Tony Joseph  
Michelle Njoku  
Laura Ksiazek  
Joe Haque  
Jane Zaletova  
Ivan Dabu  
Freddie Thorne  
Anaia Agnew

## Up 6 Levels

Sydney Daarol  
Taya Hunt  
Samuel Ife  
Mircea Ioan  
Henry Britanico  
Izabelle Hunt  
Hanna Radwanska  
Gabriella Zolnierczyk  
Bella Phillipson  
Owen Watkins  
Shaylayleigh McLoughlin  
Samuel Somogyi  
Tez Vadgama  
Lexi Hamshare  
Ava Osborne

## Up 7 Levels

Dominic Quijano  
Corey Malaney  
Bruce Baalam  
Brooke Betteridge  
Mia Birkett  
Erin McLoughlin  
Miguel Ruiz  
Lian Suarez  
Alan Pietrzak  
Oscar Read  
Niamh Rochford-Scotland  
Aliya Searle  
Alaya-Marie Spence  
Kian Lebber-Ward  
Nadine Tatel  
Sukheera Fletcher  
Max Hetmanczyk  
Franick Zelek  
Danny Cook



## Up 8 Levels

Alexia-May Cooke  
Ronnie Foreman  
Diya Das  
Inga Brzeska  
Amaya Crabb  
Freddie-James Foreman  
James Masters  
Inaya Pestell-Thomas  
Cohen Timms  
Trangel Aso  
Sofia O'Brien  
Benji Kecskemeti  
Allesya Manolache  
Alfie Peters

## Up 9 Levels

Zechariah Good  
Dona George  
Bella Baddams  
Marcin Wegrzycki  
Ellie-Maii Woodford  
Rose Baker

## Up 10 Levels

Farida Elkayal  
Tristan Latkar

## Up 11 Levels

Alex Draghici

## Up 12 Levels

Verona Manning



# Our Superstars!

We are pleased and proud to celebrate the achievements of so many children:

## Gold Book Celebrating children's work

### Week commencing 7th January

Leon Abramowicz  
Sebastian Kowalczyk  
Zofia Synowiec  
Harley Cook  
Jake Sheath  
Jayden Richards  
Brooke Betteridge  
Adam Haraga  
Gabriella Zolnierczyk  
Nico Prokopiuk  
Joshua Johnson  
Maxwell Sekalegga  
Reuben Hunt  
Daniel Castle  
Freddie Thorne  
Franciszek Zelek  
Sukheera Fletcher  
George Quinn-Parker  
Camille Imlani  
Darla Raggala  
Kinga Lubos  
Rory Castle  
Jade Frades  
Sydney Daarol  
Wiktorina Zelek  
Ava Andersen  
Warren McCann  
Kirah Adams  
Tony Littlefair  
Jack Dixon  
Emilia Durell  
Pixie Barter  
Krystian Kucharski  
Leighland Adams  
Julia Srebrna  
Darcy Walsh  
Bailey Cooper  
Ronak Hoque  
Tommy Holmes  
Michael Chambers  
Maisy-May Waller  
Tilly Hatton  
Maya Hetmanczyk  
Zoe Ester  
Jessica Wajda

### Week commencing 14th January

Brooke Betteridge  
Freddie Foreman  
Lian Suarez  
The whole of 1S for having a  
fantastic Friday!  
Tilly Hatton  
Artur Leszczynski  
Yna Romelo  
Liliana Moniz  
Ruby Wink  
Noah Waller  
Riley Weeks  
Thomas Hainz  
Anastazyja Szczerba  
Alex Klevinskis  
Warren McCann  
Bailey Cooper  
Tommy Holmes  
Henry Garner  
Molly Shaw  
Lily-May Priest  
Louie Heider

### Week commencing 21st January

Fibi Niemiec  
Janine Pagaling  
Masey-Maii Woodford  
Zoe Pal  
Grace Drury  
Abigail Blunden  
Izabela Dudzik  
Adam Haraga  
Hanna Radwanska  
Natalie Machula  
Leighland Adams  
Tilly Hatton  
Connor McCann  
Julia Srebrna  
Kyle Hamshare  
Logan McLoughlin  
Jireh Balangcod  
Jesseree Barrion  
Jessica Hurst  
Krystian Kucharski  
Lara Nemeth  
Airah Suarez

### Week commencing 28th January

Warren McCann  
Clareece Hearn  
Emilia Durell  
Lily May Priest  
Matthew Longland  
Amelia Pochyla  
Alexis Cuanico  
Molly Shaw  
Tyrone Saldi  
Jasmine Frades  
Jack Dixon  
Kyanna Douglas  
Tiana Didioma  
Olivia Iyapen-Kistan  
Jared Wilkins  
Julia Srebrna

### Week commencing 4th February

Jayden Richards  
Brooke Betteridge  
Rosie-Ava Goddard  
Jireh Balangcod  
Emilia Durell  
Anastazyja Szczerba  
Daniel Kowalczyk  
Ava Andersen  
Gayathri Satishkumar  
Pawel Migdal  
Andy Somogyi  
Lily-May Priest  
Stephen Agbonkhina  
Oliver Cinco  
Daniel Craciun  
Sofia Garcia  
Amelia Pochyla  
Izzy Rosie  
Ella Singleton  
Tilly Hatton  
Yna Romelo  
Leighland Adams  
Ria Hoque  
Mischa Worthy  
Remie Cartwright  
Estefanie Sayas  
Lara Nemeth  
Luca Prokopiuk  
Ema Balajova

Ieremia Paraschiv  
Tommy Holmes  
Rifat Hoque  
Amelia O'Brien  
Beni Toth  
Daniel Harris  
Sherene Rillo  
Zita Ruiz  
Maisie O'Brien  
Henry Britanico  
Diya Das

### Week commencing 11th February

Amy Borzyska  
Janine Pagaling  
Charlie Alford  
All of 2A for having such amazing  
learning behaviour for swimming  
lessons  
Emilia Durell  
Ruby Veal  
Kyanna Douglas  
Jack Dixon  
Malaki McCormick  
Alex Dabu  
Olaf Krygier  
Maisie O'Brien  
Amelia Skeats  
Cassie Taburnal  
Alice Taylor  
Riley Weeks  
Dolcie Wilson  
Aiesha Bursey  
Mohamed Dilshad  
Oscar Lik  
Andy Somogyi  
Gavin Sayson  
Tommy-Lee Cowell  
Milana Shamayko  
Amelia Skeats  
Oliwia Burda  
Matthew Watkins  
Ria Gilligan  
Harry Jacobs  
Joseph Newman  
Sky Alford  
Nicole Borzyska  
Connor McCann  
Tommy Holmes  
Julia Srebrna  
Tommy Castle  
Holly De La Mata Escudero  
Bailey Cooper

### Week commencing 25th February

Emily-Mae Delaney  
Miguel Ruiz  
Paramdeep Rathor  
Mhamad Dilshad  
Anastazyja Szczerba  
Cassie Taburnal  
Tiana Didioma  
Kyanna Douglas  
Olivia Iyapen-Kistan  
Emilia Durell  
Brielle McLoughlin  
Taya Hunt  
Tilly Hatton  
Owen Smith  
Harrison Dolman-Reed  
Josh Muldowney  
Amara Wing  
Jack Dixon

### Week commencing 4th March

Junior Longland  
Harley Waddington  
Marcin Wegrzycki  
Izabelle Hunt  
Jack Dixon  
Warren McCann  
Borys Klak  
Amelia Skeats  
3H for fantastic Titanic Home  
Learning Projects  
Mischa Worthy  
Kyle Hamshare  
David Cullado  
EJ Caburian  
Sherene Rillo  
Lily-May Priest  
Anastazyja Szczerba  
Cassie Taburnal  
Jireh Balangcod  
Clareece Hearn  
Kyanna Douglas  
Tiana Didioma  
Hassan Quraishie  
Leah Castle

### Week commencing 11th March

Jake Sheath  
Junior Longland  
Joshua Njoku  
Alisa Sandulova  
Jack Dixon  
Warren McCann  
Leighland Adams  
Krystian Kucharski  
Y5 and Y6 Football Team for  
beating Newlands  
Ronak Hoque  
Ria Hoque  
Rifat Hoque  
Gayathri Satishkumar  
Alice Taylor  
Maisie O'Brien  
Ashley Broomfield  
Ashley Williams  
Cross Country team for being  
placed in top 100

### Week commencing 18th March

Charlie Alford  
Antoni Zurek  
Harley Waddington  
Helen Abdullah  
Erin McLoughlin  
Rohan Rafferty  
Mischa Worthy  
Taya Hunt  
Helena Atutubo  
Kyle Hamshare  
Deive Abromaite  
Henry Garner  
Ronak Hoque  
Jessica Hurst  
Amelia O'Brien  
Tiana Didioma  
Alex Klevinskis  
Jennifer McHugh  
Tilly Hatton  
Natalie Machula  
Corey Crabb  
Y5 Fantastic behaviour during  
Bikeability, commented on by a  
member of public

## E-Safety

Back in February the school took part in the nationwide event Safer Internet Day. The theme this year was **"Together for a better internet."**

Over the course of a week all the children had the opportunity to discuss what the internet actually is and also to explore how young people ask for, give and receive consent online. This could be in their friendships or relationships, how they take and share images and videos or how they manage their privacy and data.

Whilst children are often aware that playing games with a friend on a games console or sending a message or email requires them to be "online", they are not always aware that watching BBC iplayer or speaking to an Amazon Echo, could also mean they are still "online" and therefore still need to be careful with the information they share.



**Year 1** explored all the devices that could be connected to the internet and had a go at building their own before discussing what they should do if something they were unsure about popped up on a computer screen.

**Year 2** explored what sort of information would be OK to share online and what should be kept private.

**Key Stage 2** looked at the concept of giving and receiving consent in more practical ways online, such as when sharing pictures using social media, or sharing contact details. They also discussed the consent they are giving to third parties when signing up for online accounts.

In the fast changing world that we live in today it is increasingly important to have regular conversations with your children about the technology they have access to and encourage them to be open and aware of any risks.

The **website link below and QR code** will take you to the **Safer Internet Day** webpage with a whole host of top tips and fun activities for you to try out at home. These will help consolidate your child's learning.

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2019/safer-internet-day-2019-top-tips-parents-and-carers>





# OUT AND ABOUT

## Year 5 Trip to Winchester Science Museum

Year 5 had a great day at Winchester Science Centre earlier this month to kick off (or blast off?!) their space topic. We had a workshop on how light travels in space, explored the Destination: Space exhibit and experienced how the solar system works in the planetarium!

We had a fantastic day!



You there,  
the one reading this now  
I want you to do something  
**Smile**  
smile because you're beautiful  
because you're amazing  
because you're unique  
because you can

## Nursery - 'People who help us.'

In Nursery we have been learning about different people who help us. We have had Firefighters and Police Officers come and visit us. The children enjoyed talking to them and asking questions. They also got to experience going inside a fire engine and a police car. The children had fun trying on parts of the uniform and using the equipment such as the police hat and water hose.





# Early Years needs you!

Here in reception we are collecting loose parts for our environment. We have found that this is one of our pupils' favourite areas to play in. Loose parts allows the children to cover a variety of essential skills whilst learning through play.



When children interact with loose parts, they enter a world of 'what if' that promotes the type of thinking that leads to problem solving and theoretical reasoning. Loose parts enhance children's ability to think imaginatively and see solutions, and they bring a sense of adventure and excitement to children's play.





### Examples of things we are looking for:



Wooden items  
 Blankets  
 Crates  
 Cushions  
 Old kitchen items  
 Old CD's  
 Piping  
 Ribbon  
 Sticks  
 Rugs  
 Chairs  
 Tarpaulin

Tyres  
 Bricks  
 Cable reels  
 Wheels  
 Curtain rings  
 Decorative stones  
 Wood slices  
 Guttering  
 Mirrors  
 Old photo frames  
 Baskets  
 Storage  
 Other Miscellaneous





# We love to learn...

## Year 1

Year 1 met firefighter Karen who explained to them her role as a firefighter and all the amazing work they carry out.

She told us that it is important to always check our smoke alarms once a week, never touch fire as it can burn you and reminded us to: get out, stay out, call 999 if we encounter a fire.

Year 1 also learnt the below rhyme to remind us how to keep safe around the house:  
'Lighters and matches never touch. They can hurt you very much.'



### 1L Class assembly:

Here are Year 1 ready to show and tell their adults all that they know about Traditional tales.

Year 1 you were amazing and very brave! We are all very proud of your enthusiasm to act and amazed by your super reading skills.



Thank you to parents and carers who came along to watch :)

## Science Week 2019

The **11th—15th March was Science and DT week** in Shirley Warren! The theme of the week was **Journeys** with each year group having their own stimulus to explore.

**Year R** - Looked at tunnels: thinking about what makes a good one before constructing their own.

**Year 1** - Looked at bridges: thinking about what materials would be best before creating their own that would have to carry the weight of a beebot.

**Year 2** - Looked at static electricity and how it could transport the paper animals they made.

**Year 3** - Found out about the important role bees play in pollination and then created their own digital animations to show this.

**Year 4** - Investigated forces and the effect they had on the fabulous flying machines they created. They then used ipads to create their own explanation videos.

**Year 5** - Found out all about scientists that had visited space.

**Year 6** - Had two mini projects of their own; 6L Investigated natural disasters whilst 6W looked at the journey of diseases before creating their own viral videos.

The children thoroughly enjoyed practically investigating these areas and learnt lots during the week! Special mention needs to go to the ambassadors from each class that stood up in a special assembly at the end of the week and shared what they had been doing; they were fantastic.

If you want to find out more, why not **ask your child what they discovered** during this week or try and carry out your own experiment at home!





# World Book Day

WORLD  
BOOK  
DAY

We were pleased to welcome many parents into school on **World Book Day**, Thursday 7th March, to '**Share a Story**' with their child. The children were dressed as their favourite book character so the school was very colourful on that day! Thank you for your support with the story sharing and the superb dressing up!



## NSPCC DANCEATHON

This term, we have been fundraising because on 19th March, the **NSPCC** came to school to tell us all about what they do. Years 5 and 6 took part in some workshops as part of the '**Speak Out. Stay Safe.**' programme. The fundraising manager visited the **Green Council** and they decided to hold a cultural **Danceathon** to raise money - what a great idea!

On Friday 29th March, we held our school **Danceathon**. We had great fun learning dances from all around the world, including a Chinese dragon dance, a New Zealand haka, and some Irish dancing! Thank you to everyone who managed to collect some sponsorship money. - the fantastic total is below!



 **NSPCC** **Speak out.  
Stay safe.**

**We raised £1208.47!**





## Calling all Looked After Children and Foster Carers!

'Impact' is a place for Children who are looked after or under guardianship aged 5-12 years to come and:

- Build Positive Relationships with peers
- Improve Confidence and self esteem
- Learn communication skills

The 'Impact project' is run by dedicated youth workers from the charity Youth Options and is funded by Children in Need. At Impact children will take part in a range of after school activities plus trips and residentials throughout school holidays including:

Outdoor and Nature based Activities, Sports, Arts and Crafts, Cooking skills, Team Building and Workshops, Visits to attractions And many more

Impact runs on both the east and west side of Southampton

Tuesdays (term time only)

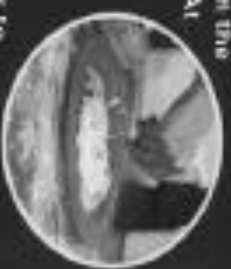
4 - 6pm

Thornhill Youth Centre, Bitterne Road E, Thornhill, SO18 5GY

Contact: [enquiries@youthoptions.co.uk](mailto:enquiries@youthoptions.co.uk)

**YOUTH  
OPTIONS**

A Better Future  
[www.youthoptions.co.uk](http://www.youthoptions.co.uk)



Thursdays (term time only)

4 - 6pm

Zoe Brothwrite Centre, Fraser Ct, Lordshill, SO16 8GP

Tel: 01794 515510

**FoSIP**  
Friends of Shirley Park

**LEONARD  
CANNINGS  
SOLICITORS LLP**

## Free Legal Advice

### 10.00am until 12.00pm

St James Park, Shirley, Southampton

## First Friday of every month\*

\*does not run in January or August

Have a quick informal chat with a qualified solicitor

Domestic Abuse  
Legal Aid  
Tenants  
Legal Aid  
Court Hearings  
Housing  
Divorce  
Family  
Wills  
Harassment  
Landlord  
Tenant  
Housing  
Children  
Wills  
Family  
Divorce  
Landlord  
Tenant  
Housing  
Children

# Family Housing Wills

Drop in service

No appointment required



Resolution SM



# FAMILY LEARNING, TRAINING AND PARENTING OPPORTUNITIES FOR PARENTS/CARERS OF CHILDREN AGED 0-19

April to July 2019

## Training Courses

### Healthy Cookery

Come along and find out how to cook healthy meals. May include pasta dishes, cottage pie, pizza and baking. Learn how to cook tasty meals from scratch and on a budget. Get to take portions home for your family to try. All recipes given out so you can try at home.



**Starts Monday 17th June**  
9.30-11.30am  
For 6 weeks  
**FREE crèche provided**

### The Ashby Centre

### Healthy Living

Do you often take care of others but forget about yourself? If the answer is YES come along to this course and get an introduction to improving your life by:

- goal setting
- life balance
- Sleep, exercise and healthy eating
- confidence building
- dealing with negative emotions.



**Starts Wednesday 1st May**  
9.30-11.30am  
For 6 weeks  
**Free crèche provided**  
(No session on 29th May - half term week)

### Pickles Coppice

### Get Outside with Stories

Plenty of family learning fun based around popular story books. Indoor art and craft and cookery/preparing food but also lots of outside activities including picnics, kite making and flying, blowing bubbles and going on a bug hunt.



**Suitable for children aged 18 months plus**  
Dress for mess and wear clothing appropriate for outside play **WHATEVER** the weather!

### The Ashby Centre

**Starts Friday 7th June**  
9.30-11.30am for 6 weeks

### First Aid

Basic Life Support for Babies and Children

Topics may include how to deal with resuscitation, choking, anaphylaxis, seizures, burns and major illnesses.

(Trainer will check with learners at the start)

Simple steps to learn and remember

Please wear comfortable clothing (trousers, t-shirts and trainers or comfortable shoes) as the course is practically based



**Choose between:**  
**Monday 13th May at the Ashby**  
9.30-11.30am, or  
**Wednesday 19th June at Pickles Coppice**  
9.30-11.30am  
There is a **FREE crèche** with this course

### Ashby/Pickles

There will be a £2.00 refundable deposit per course booked. This will be handed back when you have finished the course. If you do not let us know beforehand that you can no longer come, the deposit can only be transferred to another course. Sure Start parents will take priority when booking.

You may not get a place without paying a deposit but please ask to speak to Sharon or Rachel if you are unable to leave one. You will be contacted to confirm your place, and sent a reminder a week before the course starts. If you are unsuccessful you will be contacted and your deposit will be returned.



**Sure Start**  
Southampton - West



### Baby Massage

Infant massage to encourage that special bond between you and your baby.

Can aid relaxation and sleep. Learn the benefits to baby, parent, family etc. of nurturing touch and massage, and the programme of strokes which you can practice at home.



**10.00am-11.00am**  
**5 weeks - phone for dates**  
Wear comfortable clothing suitable for working on the floor.  
Please contact Caroline on 07717 581656 for dates

### Pickles Coppice

### Parenting Courses

Self referral bookings being taken - please talk to a member of the Sure Start team if you would like to know more, and/or for a place on any of the following courses. You can also tick the form on page 5 to express your interest. (no deposit required at this stage) You will be contacted within a few weeks of enquiry

### Diddy Discovery and Five to Thrive

Five to Thrive is a course for parents to develop an understanding of their baby's needs & brain development. Helping to strengthen the bond between you and your baby.

Each programme starts with a Diddy Discovery messy play session, specifically aimed for babies under 12 months or non-walking.



**Starting on Friday 3rd May**  
or Friday 7th June  
**4 weeks**  
**9.30 - 11.00am @ Pickles Coppice**  
**PLEASE DRESS FOR MESS!!**

### Pickles Coppice

### Incredible Years

Incredible Years tackles topics such as challenging behaviour, family rules and routines, praise and rewards, discipline methods and strategies for changing behaviour.

Each week consists of group discussion, practice and a home activity and relies on a collaborative method of learning - which means that most of the time parents come up with solutions to their own problems.

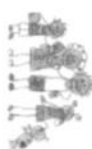


**Starting on Tuesday 30th April**  
**12.30-2.30pm**  
**12 weeks**  
**Free crèche available**  
**There is no session on Tuesday 28th May (half term)**

### Pickles Coppice

### Being a Parent

Being a Parent Course. For parents with children aged between 0-4. This course is for parents run by parents. You will learn practical communication skills needed for everyday life and this will help you to raise confident, happy and co-operative children



**Introductory session on Thursday 2nd May 9.30-11.30am** Course starts 9th May - 8 weeks  
**There is no session on Thursday 30th May (half term)** There is a **FREE crèche** with this course

### Pickles Coppice

### Emotional First Aid

**SINCE YOU HAVE HAD CHILDREN DO YOU:**

- Ever think you are the only person feeling the way you do?
- Feel it is sometimes hard to cope?
- Do you find it hard to switch off and relax?

This course is all about YOU!

Course starts on **Thursday 2nd May, 9.30am-1.00pm, 6 week course**  
There is **NO crèche** with this course (No session on Thursday 30th May - half term)



### Foundry Lane Primary School

You can find us on: <http://www.facebook.com/SureStart.WestClusterSoton> and our fan page for an update on what we are doing



## Strengthening Families Programme

@ Various Venues

A 7 week course that helps families with children aged 10-14yrs. The course offers the parent and child the chance to rebuild their relationship and prepare together for the next phase of the child's life. This includes helping parents to understand how to set boundaries and decide on appropriate consequences, as well as helping children to be ready to manage peer pressure. Find out how to take steps to avoid making bad choices and decisions. Work together to build on your family's strengths. There is always a hot meal included and the course runs 1 evening a week (usually in a local school).



For further information email  
[fmparenting.west@southampton.gov.uk](mailto:fmparenting.west@southampton.gov.uk)  
or ring Families Matter West team on  
02380 834709

## LiNX Groups

@ Various Venues

The LiNX programme was devised originally for children that had experienced Domestic Violence and had gone on to commit crime due to the trauma they had experienced, leaving them with little or no empathy for others or themselves. It is based around the Empathy Wall with the intention to show how if different parts of the wall are missing it will be unstable and fall down. By rebuilding the wall, giving the child confidence, building their self esteem and self worth it allows them to reach their full potential. The age group is between 10 and 18. Single sex groups and age specific 10-12yr olds, 16-18yr olds etc. Due to the success of the programme it is also used for children with behavioural problems.



For further information email  
[fmparenting.west@southampton.gov.uk](mailto:fmparenting.west@southampton.gov.uk)  
or ring Families Matter West team on  
02380 834709

## NVR (Non-Violent Resistance)

@ Various Venues

This 7 week course is run for parents who feel that they have lost "control" of their child, that their child is extremely challenging and no longer adhering to boundaries or consequences. There is no specific age range for the child that this will be suitable for. The eligibility will be determined on an individual basis so please call the coordinator to discuss if you think you would benefit from this course.



For further information email  
[fmparenting.west@southampton.gov.uk](mailto:fmparenting.west@southampton.gov.uk)  
or ring Families Matter West team on  
02380 834709

## Understanding Behaviour Workshop

@ Various Venues

This half day workshop is for any parent who struggles to manage the behaviour of their child. You will gain insight into why behaviours happen and how to manage them in a positive way....You may also learn something about yourself and others around you... what makes people 'tick'??... Good for children and grown ups of any age!



For further information email  
[fmparenting.west@southampton.gov.uk](mailto:fmparenting.west@southampton.gov.uk)  
or ring Families Matter West team on  
02380 834709

## Sleep Workshop

@ Various Venues

Do your children get enough sleep? Do you have a good bedtime routine for your children? Do you have trouble getting your children into bed? Once they are in bed, do they keep getting up? Is Co-Sleeping becoming an issue?

**Come along and find out more about:** Good sleep habits and routines. Techniques you can use to improve sleep routines. **Go away with a plan!**



For further information email  
[fmparenting.west@southampton.gov.uk](mailto:fmparenting.west@southampton.gov.uk)  
or ring Families Matter West team on  
02380 834709



# 2019

**Next Shirley Warren News**  
**Friday 24th May 2019**

## April

**Tuesday 23rd April**  
**School reopens to pupils**  
**Wednesday 24th April**  
Coffee drop-in with Michelle

**Thursday 25th April**  
4D Swimming pm

**Friday 26th April**  
Year R Phonics Friday (9am)  
4C Swimming am

**Monday 29th April**  
Class photos  
After school Activity Clubs start this week

## May

**Wednesday 1st May**  
Coffee drop-in with Michelle  
9am PTA Meeting

**Thursday 2nd May**  
4D Swimming pm

**Friday 3rd May**  
PTA Non Uniform Day - soft toy and bottle donations please for Summer Fair  
Year R Phonics Friday  
4C Swimming am

**Wednesday 8th May**  
Coffee drop-in with Michelle  
9am PTA Meeting

**Thursday 9th May**  
4D Swimming pm

**Friday 10th May**  
Year R Phonics Friday  
4C Swimming

**Monday 13th May - Friday 17th May**  
**End of Key Stage 2 tests**

**Thursday 16th May**  
4D Swimming pm

**Friday 17th May**  
Year R Phonics Friday  
4C Swimming am

**Wednesday 22nd May**  
Coffee drop-in with Michelle

**Thursday 23rd May**  
4D Swimming pm

**Friday 24th May**  
Year R Phonics Friday  
4C Swimming am

**Monday 27th May - Friday 31st May**  
**School Closed for Half Term break**

## June

**Monday 3rd June**  
**School reopens to pupils**

**Wednesday 5th June**  
Coffee drop-in with Michelle

**Thursday 6th June**  
4D Swimming pm

**Friday 7th June**  
4C swimming am

**Wednesday 12th June**  
Coffee drop-in with Michelle  
1pm KS1 Sports Day

**Thursday 13th June**  
9.15am RG Sports Day  
11.00am RB Sports Day

**Friday 14th June**  
Year R Phonics Friday  
**3pm PTA Summer Fair**

**Monday 17th June**  
Y5 Visit to London

**Tuesday 18th June**  
Y3 Visit Harry Potter World

**Thursday 20th June**  
YR visit Itchen Valley

**Tuesday 26th June to Wednesday 27th June**  
**Y6 trip to Woodmill**  
(details to follow)

### INSET DAYS 2018-19

**Monday 22nd July**

**Tuesday 23rd July**

**A POSITIVE  
ATTITUDE  
CHANGES  
EVERYTHING.**

PictureQuotes.com

### INSET DAYS 2019-20

**Monday 2nd September 2019**

**Friday 25th October 2019**

**Monday 4th November 2019**

**Friday 14th February 2020**

**Monday 20th July 2020**

**2019-20**

**Children return to school after the Summer break on  
Tuesday 3rd September 2019**



There are  
**THREE CHOICES** every day!

More reasons to try different  
school dinners!

Every choice comes with seasonal  
vegetables, salad, different types of  
potatoes or chips on different days

and...

There is a variety of **hot and cold  
puddings** across the week!

Week 1 Week Commencing Monday 22nd April Monday 13th May Monday 10th June	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple (Third Choice)
<b>Monday</b>	Chicken Curry with Rice	Veggie Pasta Bake	Veggie Sausage Hot Dog
<b>Tuesday</b>	Bubble Crumb Salmon	Cheese and Tomato Pizza	Pasta Napoli
<b>Wednesday</b>	Saucy Meatballs	Veggie Bolognese	Jacket Potato
<b>Thursday</b>	Chicken Roast	Veggie Sausages	Roast Veg Wrap
<b>Friday</b>	Fish Fingers	Quorn Dippers	Cheese Ploughman's

Week 2 Week Commencing Monday 29th April Monday 20th May	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple (Third Choice)
<b>Monday</b>	Chicken Grill	Vegetarian Curry with Rice	Tuna Wrap
<b>Tuesday</b>	Pasta Bolognese	Cheese and Tomato Pizza	Cheesy Pasta
<b>Wednesday</b>	Chicken, Bacon and Sweetcorn Pie	Quorn Pattie in a bun	Jacket Potato
<b>Thursday</b>	Pork Roast	Veggie Pasty	Veggie Ball Sub
<b>Friday</b>	Crispy Cod	Quorn Nuggets	Veggie Sausage Ploughman's

Week 3 Week Commencing Monday 6th May Monday 3rd June	Blue (Meat/Fish)	Yellow (Vegetarian)	Purple (Third Choice)
<b>Monday</b>	Pork Sausages	Cheese Quiche	Quorn Burger in a Bun
<b>Tuesday</b>	Mexican Fajita	Cheese and Tomato Pizza	Sweet Potato Falafels
<b>Wednesday</b>	Barbecue Chicken	Jacket Potato	Fish Goujons
<b>Thursday</b>	Beef Roast	Veggie Sausage Turnover	BLT Wrap
<b>Friday</b>	Fish of the Day	Macaroni Cheese	Jacket Potato

[www.myschoollunch.co.uk/southampton](http://www.myschoollunch.co.uk/southampton)

quizzes, menus, feedback, advice for lunch boxes etc

[www.mycookeryclub.co.uk/southampton](http://www.mycookeryclub.co.uk/southampton)

easy recipes to try at home!

[www.myfarmfood.co.uk/southampton](http://www.myfarmfood.co.uk/southampton)

farming, food in season and fascinating facts about the food we eat!

**School dinners now cost £2.22-  
please pay online or bring cash in  
on a Monday.**